

<https://doi.org/10.1038/s41526-026-00587-z>

Effects of altered gravity on adrenergic-mediated cAMP signalling in intact cells



Marc Bathe-Peters^{1,6}, Iqra Sohail^{1,2,6}, Alexei Sirbu², Katharina Schneider², Tommaso Patriarchi³, Anantha Anilkumar¹, Yannick Lichterfeld⁴, Christian Liemersdorf⁴, Primal de Lanerolle⁵ & Paolo Annibale^{1,2} ✉

Spaceflight-induced cardiac atrophy and rhythm disorders are linked to dysregulation of the adrenergic-cAMP-PKA pathway. Gravity-dependent alterations in adrenergic signaling, particularly cAMP dynamics, remain poorly understood. Using fluorescence biosensors, we studied intact cells under simulated microgravity and hypergravity. We observed shifts in the EC₅₀ of cAMP production: leftward under hypergravity and rightward in microgravity, with faster cAMP accumulation kinetics in hypergravity. Cytoskeletal remodeling, hypothesized to be a determinant of such changes, was negligible, suggesting alternative mechanisms. These findings highlight significant gravity-induced offsets in the pharmacology of a prototypical G protein-coupled receptor, with implications not only for adrenergic signaling but also for other pathways of pharmacological interest, potentially informing countermeasures for astronaut health and pharmacology in altered gravity settings.

Muscle atrophy, including cardiac atrophy, sporadically accompanied by cardiac rhythm disorders, is a common side effect after prolonged spaceflight. Moreover, orthostatic intolerance and overall cardiac deconditioning is observed upon re-entry to 1 g conditions^{1–3}. The adrenergic-cAMP-Protein kinase A (PKA) pathway, in regulating inotropic response of the heart to catecholamines, has a deep-rooted role in modulating these processes⁴.

A large portion of extracellular signals in human cells, including catecholamines, are mediated by G protein-coupled receptors (GPCRs), a family of over 800 membrane proteins and a prominent drug target⁵. Their function is regulated by a complex network of extra and intra-cellular interactions that is a prime candidate to be affected by the pleiotropic effects originating from altered gravity.

Alterations to GPCR-mediated signaling cascades by biophysical factors can be observed at the level of second messenger production, e.g., cAMP for the canonical adrenergic stimulatory pathway⁶. Changes in intracellular cAMP have broad consequences on cellular homeostasis, often cell-type specific, such as PKA-mediated increase in heart rate, immune regulation, chromatin condensation and regulation of intracellular transport⁷.

Early reports have shown that cAMP homeostasis is affected in cellular organisms and single cells exposed to periods of altered gravity^{8,9}, with results in single cells showing a decrease in cAMP-mediated response in microgravity. Nevertheless, further to pioneering late 1980s and early 1990s investigations

addressing downstream PKA, the molecular mechanisms affected by altered gravity along this signaling axis remain rather unclear^{10,11}. More recent evidence based on RNA sequencing in non cardiac tissue, namely hematopoietic stem and progenitor cells that were exposed to microgravity in low earth orbit, indicated a depression of the cAMP-CREB axis¹².

However, thanks to optical technologies, most prominently fluorescence biosensors, it is now possible to directly visualize the activity of the molecular players in this pathway and explore how their function is affected by altered gravity conditions^{6,13}. This shall allow identifying and potentially to counteract at least some of the molecular determinants of cardiac deconditioning occurring in astronauts.

We conducted measurements in intact cells in simulated microgravity and hypergravity conditions, both in cells fixed immediately after altered gravity exposure, as well as validating some of these measurements by conducting live cell imaging readouts in hypergravity. Our data indicate a shift of the EC₅₀ of cAMP production to the left for increasing periods of 2 g exposure, and a shift to the right in microgravity conditions. Moreover, real-time kinetics of cAMP accumulation in cells upon catecholamine stimulation are also faster in cells exposed to hypergravity. Finally, we tested the hypothesis that the observed signaling behavior could be connected to remodeling of the cortical cytoskeleton^{14–17}, observing remarkably limited changes in cytoskeletal remodeling under the altered gravity conditions used in our experiments.

¹School of Physics and Astronomy, University of St Andrews, St Andrews, UK. ²Max-Delbrück-Center for Molecular Medicine, Berlin, Germany. ³Institute of Pharmacology and Toxicology, University of Zürich and Neuroscience Center Zürich (ZNZ), ETH and University of Zürich, Zürich, Switzerland. ⁴Institute for Aerospace Medicine, Deutsches Zentrum für Luft- und Raumfahrt, Cologne, Germany. ⁵Department of Physiology and Biophysics, College of Medicine, University of Illinois at Chicago, Chicago, IL, USA. ⁶These authors contributed equally: Marc Bathe-Peters, Iqra Sohail. ✉e-mail: pa53@st-andrews.ac.uk

These results suggest that altered gravity induces an overall offset of GPCR-mediated pharmacology, reflected in alterations of cell-wide cAMP levels, and altered receptor activation kinetics. These results, validated in the important adrenergic signaling axis, have the potential to be extended to other important classes of receptors, mediating nociception, immune response, cell motility, to name only a few, with far reaching implications for pharmacology as well as -more broadly- for physiology in altered gravity settings.

Results

Effect of altered gravity on cAMP cascade

We set out to measure the effect of altered gravity on the β -AR signaling cascade, by monitoring downstream cAMP production in HEK293 cells transiently expressing the FRET biosensor EPAC-S^{H187/18}, and monitoring FRET changes using a sensitized emission approach. Altered gravity conditions were achieved by either placing cells in a clinostat machine, which simulates microgravity (μ g), or in a centrifuge that generates hypergravity conditions corresponding to 2 g. In both instances we conducted incubations of 24 h, while cells were maintained at 37 °C and 5% CO₂ conditions in incubators enclosing respectively the clinostats and the centrifuges.

For the cells exposed to microgravity conditions we conducted a concentration-response curve perfusing cells immediately after the simulated microgravity cycle with increasing concentrations of the β -AR agonist isoproterenol (Fig. 1a). After 5 min incubation with the agonist, which typically corresponds to peak cAMP response⁶, cells were fixed prior to subsequent imaging. Comparing the concentration-response curves for isoproterenol stimulations in live and fixed cells we showed that fixation using 4% paraformaldehyde and 0.2% glutaraldehyde does not affect the response of the biosensor as compared to the same readout conducted in living cells (Supplementary Fig. 1). By imaging individual cells in an epifluorescence microscope equipped for sensitized emission FRET we could then map cAMP levels by means of the donor to FRET ratio, which changes in concert with intracellular cAMP levels. Our data show a right shift of the concentration-response curve, as the EC₅₀ value (half maximal response to isoproterenol) goes from 10.6 nM of the ground control to 78.5 nM in microgravity (Fig. 1a), as well as a reduction in maximal response (E_{max}). This observation means that in microgravity more drug is required to achieve an equivalent response to the control experiment, suggesting a blunting of the β -adrenergic/cAMP axis.

We next moved on to explore the effects of hypergravity exposure on β -AR-mediated cAMP production. Cells transiently expressing the FRET

EPAC-S^{H187} biosensor plated in 96-well microplates were now exposed to 24 h of 2 g hypergravity on the Multi Sample Incubator Centrifuge (MuSIC) centrifuge, stimulated for 5 min using isoproterenol, and then subsequently fixed. The resulting concentration-response curves (Fig. 1b) unambiguously show a shift to the left in the response, i.e., an equal cAMP production can be achieved with a stimulus of less than half the 1 g control, as the EC₅₀ values shift from 17.7 nM to 4.65 nM in hypergravity. As we did not observe any change in E_{max}, data were normalized between 0 (no response) and 1 (maximal response).

We would like to note here that albeit the two set of experiments depicted in Fig. 1 were conducted in different experimental geometries, namely FRET ratios from single cells (μ g) vs plate averages (hypergravity) further measured on two different set of equipment (microscope for μ g vs microplate reader for 2 g experiment), the 1 g control readouts are in excellent agreement.

In order to understand better the molecular determinants of the steady state behavior, we moved to conduct kinetic measurements of cAMP production in response to an adrenergic stimulus in HEK293 cells, comparing cells exposed to altered gravity to ground control samples. To achieve this objective, it was necessary to exploit an experimental configuration allowing real-time microscopy imaging while the cells were exposed to altered gravity conditions. Therefore, we used the Hyperscope, a centrifuge-mounted microscope available at the Deutsche Luft und Raum Zentrum (German Aerospace Centre) in Cologne, Germany (See *Material and Methods*). Using the Hyperscope we observed real-time cAMP accumulation in cells, transfected with the FRET biosensor and exposed to 2 g hypergravity conditions, as they were perfused with the β -AR agonist isoproterenol. As soon as the agonist is added, using a peristaltic pump allowing exchanging medium in the imaging chamber with medium containing 1 μ M isoproterenol, an increase in donor emission mirrored by a drop in FRET signal can be observed (Fig. 2a). More snapshots of this activation are displayed in Supplementary Fig. 2.

Fig. 2b illustrates that when cells are exposed to 2 g conditions on the Hyperscope, cAMP accumulation as reported by the donor/FRET ratio rise more rapidly than in the control conditions. In these experiments, the centrifuge was activated at approximately 40 s from the beginning of the experiment (orange line), and then perfusion of 1 μ M isoproterenol was started at 120 s from the start of the experiment using a peristaltic pump (see *Materials and Methods*). The control experiment has a shorter baseline since no centrifuge activation time is required, *although* the measurements were conducted on the same microscope in the same experimental setting as the

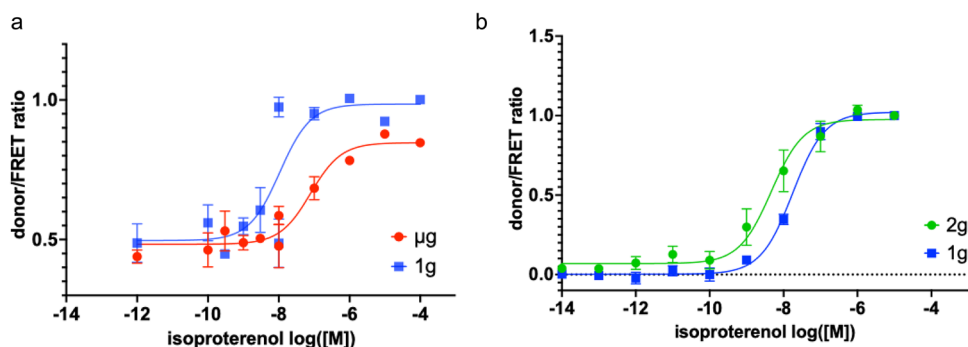


Fig. 1 | Effect of altered gravity on the isoprenaline-induced production of the second messenger cAMP, mediated by β -AR receptors. **a** Concentration response curve in HEK293 stimulated with increasing concentrations of isoproterenol after being exposed to microgravity in a clinostat (μ g) or ground control conditions (1 g). cAMP levels are measured using the EPAC-S^{H187/18} FRET biosensor; the ratio between donor to acceptor fluorescence of each cell was measured in an epifluorescence microscope and plotted upon normalization to saturating isoproterenol stimulus. Each concentration point was obtained by averaging FRET ratios from 2 experimental sessions with at least 60 individual cells per concentration. Each series was repeated twice. Data are fit to an agonist vs response curve with Hill slope fixed to 1,

yielding EC₅₀^{control} = 10.6 nM (logEC50 95%CI[-8.642 to -7.242]) and EC₅₀ ^{μ g} = 78.5 nM (logEC50 95%CI[-7.657 to -6.546]). **b** Concentration response curve in HEK293 stimulated with isoproterenol after being exposed to hypergravity (2 g) in a centrifuge or control conditions (1 g). Cells, transfected as in (a), were grown in 96 well plates, and fluorescence readouts measured in microplate reader. Concentration response curves were normalized and data from $n = 6$ experimental sessions was averaged. Fitting yields EC₅₀^{control} = 17.7 nM (logEC50 95%CI[-7.861 to -7.644]) and EC₅₀^{2g} = 4.65 nM (logEC50 95%CI[-8.7 to -7.996]). Mean and SEM are indicated.

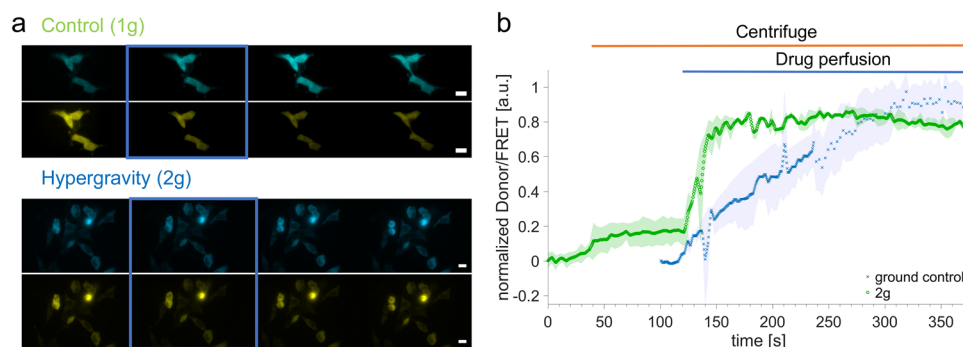
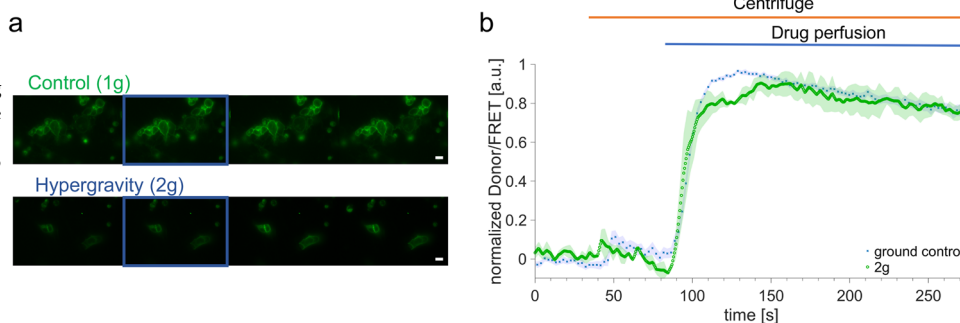


Fig. 2 | Kinetic of β -adrenergic cAMP production in single cells under control and hypergravity conditions in HEK293 cells. HEK293 cells transiently transfected with EPAC- S^{H187} were imaged on the Hyperscope, an epifluorescence microscope mounted on a centrifuge able to generate 2 g conditions, or in the reference frame of the laboratory. **a** Representative snapshots from the donor and FRET microscopy channels at different time points before stimulus (1 μ M isoproterenol), shortly after (rising phase), at maximal response, and after maximal response. Blue frames

indicate the addition of the drug. Scale bars are 20 μ m. **b** The normalized donor to FRET ratio was plotted as a function of time. Traces are the average of $n = 2$ experiments for both hypergravity (green, 34 cells) and control conditions (blue, 12 cells). For the hypergravity trace (green circles) the centrifuge was activated at $t = 40$ s, and perfusion with 1 μ M isoproterenol was initiated at $t = 120$ s. Shading represent SEM.

Fig. 3 | β 2-adrenergic receptor activation kinetic in HEK293 cells under control and hypergravity conditions.

a Representative image series at different time points before stimulus, shortly after (rising phase), at peak, and after peak. Blue frames indicate the immediate biosensor response. Scale bars are 20 μ m. **b** Fluorescent intensity of the β 2-AR-cpGFP biosensor reports receptor activation with 1 μ M Isoproterenol. Averaged traces represent ground control (blue, $n = 1$ experiments, 20 cells) and 2 g (green, $n = 2$ experiments, 14 cells). Shading represents SEM.



2 g measurements. The data further show a small constitutive increase in cAMP as soon as the centrifuge is switched on and in the absence of any ligand, a form of constitutive activity which may relate to a mechanosensitive response of the cells to the increased gravity^{6,19,20}.

Having unambiguously shown that β -AR downstream signaling is affected by altered gravity, next, we addressed the question of whether hypergravity conditions affected β -AR responsivity directly or indirectly, e.g., by a rearrangement of plasma membrane biophysical context. GPCRs can switch their conformation to accommodate a ligand on the extracellular side, and/or a G protein on the intracellular side²¹. The concomitant interaction with both a ligand and a G protein can lock the receptors in an active state, which supports nucleotide exchange at the G protein and thereby its activation. There may be instances which favor this occurrence, i.e., where the receptor conformation is altered by its surroundings.

In order to determine if in 2 g the GPCRs were more prone to reside in an active conformation, we employed a conformational biosensor based on a circularly permuted green fluorescent protein (cpGFP) inserted in the third intracellular loop of the β 2-AR²², within the construct β 2-AR-cpGFP. In this instance, however, we did not observe any change in conformation of the receptor in response to the altered gravity stimulation (Fig. 3 and Supplementary Fig. 3). This suggests that the molecular changes yielding the difference in the kinetic response displayed in Fig. 2 are to be found downstream of receptor activation.

Before turning to a more detailed investigation of the possible molecular mechanisms giving rise to effects observed in Figs. 1 and 2, we repeated our measurement in a cell line where β -ARs play an important physiological role. In heart muscle cells, cardiomyocytes, β -ARs contribute to regulate contractility, and therefore we investigated the effects of hypergravity on the activation kinetics of cAMP in H9c2 cells, a rat-derived cardiomyocyte-like

cell line²³. In Fig. 4a we see representative image series of the activation of H9c2 by measuring the activation with the FRET biosensor EPAC- S^{H187} . We observe an increased signal in the cyan donor channel whereas the signal decreases in the yellow FRET channel after activation. More snapshots are shown in Supplementary Fig. 4. Figure 4b illustrates the traces of the extracted, corrected and normalized ratio of the two signals for 1 g control cells and cells exposed to hypergravity. In line with the observation in HEK293 cells, control H9c2 cells (1 g) display an apparently slower rate of cAMP accumulation than hypergravity cells upon perfusion with isoproterenol. Upon treatment of H9c2 cells with retinoic acid, a driver of cardiac maturation for this cell line, cAMP production kinetics (Supplementary Fig. 5) appear to happen on a faster scale than shown in Fig. 4, albeit the limited statistics of the experiments conducted under these conditions do not allow to draw firm conclusions. Although these results point to potential cell-type specific differences in the kinetic of cAMP accumulation, they consistently show an increased cAMP production rate in hypergravity conditions.

Investigating the role of actin cytoskeleton remodeling

Based on 1 g data, we and others have observed an impact of cytoskeletal organization and receptor coupling on subsequent signaling and trafficking of GPCRs²⁴. For instance, in our hands an enhanced polymerization of the F-actin, using the actin mutant S14C (Fig. 5a), leads to a blunting of receptor signaling, as seen by a shift to the right of the EC50 of cAMP concentration-response curves (Fig. 5b, c).

This led us to hypothesize that the observed changes in the cAMP downstream signaling caused by altered gravity conditions could be underpinned by morphological changes in the actin structure of the cytoskeleton.

Fig. 4 | Kinetic of β -adrenergic cAMP production in single cells under control and hypergravity conditions in H9c2 cells.

a Representative image series at different time points before stimulus, shortly after (rising phase), at peak, and after peak. Frames indicate the first change in channels fluorescence. Scale bar is 20 μ m. **b** Averaged traces represent control (blue, $n = 2$ experiments) and 2 g (green, $n = 1$ experiment) via FRET readout with the EPAC-S^{H187} sensor after 1 μ M stimulation with Isoproterenol. Error bands represent SEM.

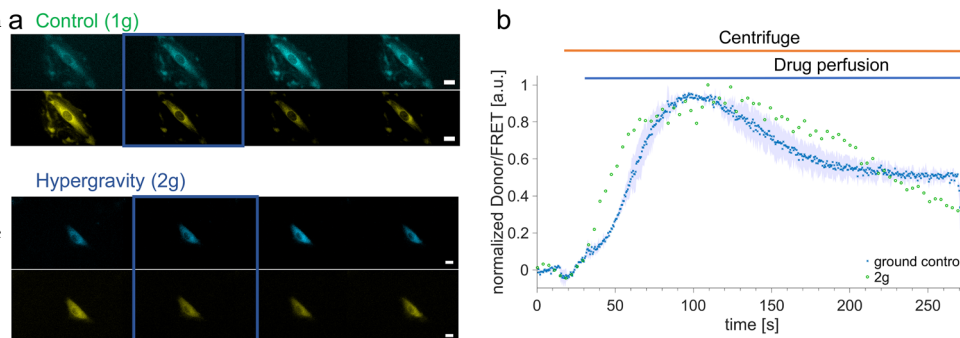
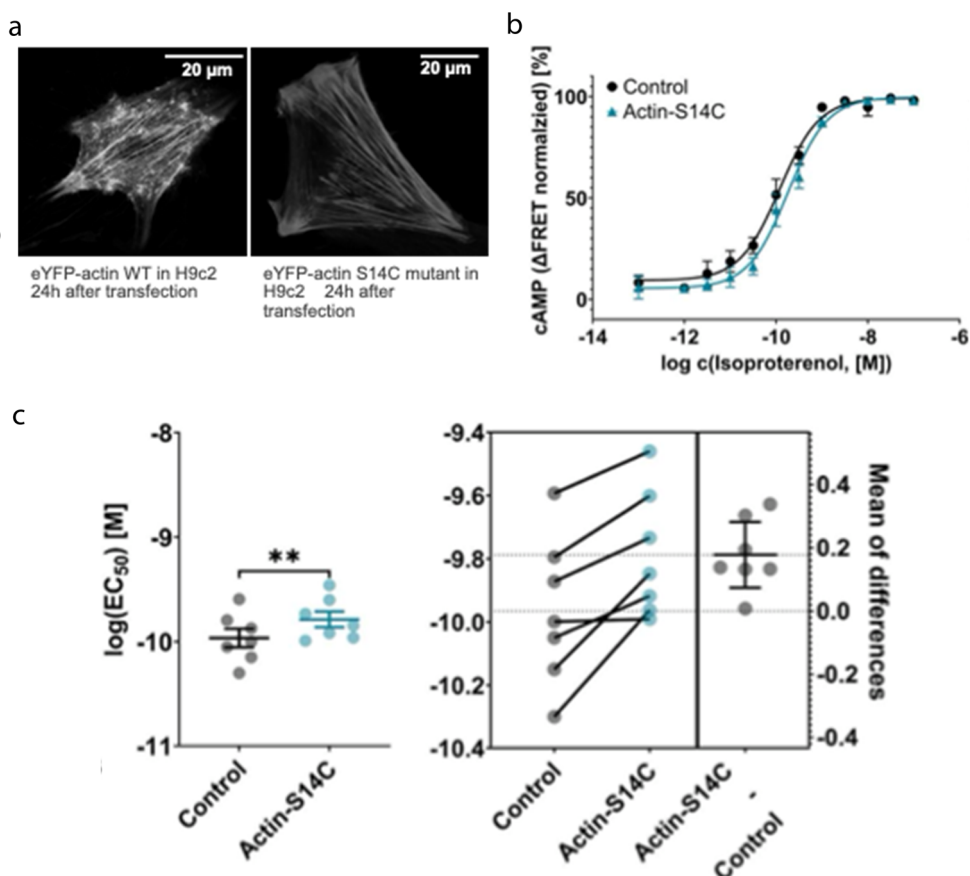


Fig. 5 | Effects of cytoskeletal remodeling (actin hyperpolarization) on β 2-AR downstream signaling.

a confocal images of H9c2 cells transfected with eYFP-actin or eYFP actin S14C mutants, displaying the hallmark hyperpolymerized cytoskeleton and increase in stress fibers. **b** Average cAMP concentration response curve under stimulation with isoproterenol measured from HEK293 cells expressing the EPAC-cAMPH^{187S}. **c** Individual EC50 values from $n = 7$ independent experiments paired in order to display an increase in EC50 (loss of response) in cells where actin is hyperpolymerised.



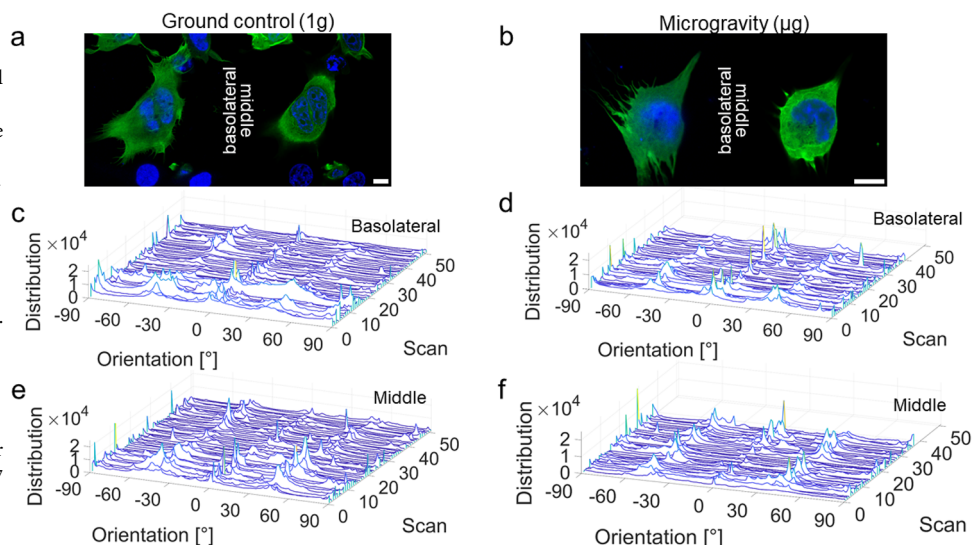
To investigate the influence of altered gravity conditions onto the actin skeleton we labeled HEK293 cells with lifact-EGFP and exposed cells to simulated microgravity for 24 h, matching the experimental conditions employed in Fig. 1a. After exposure cells were rapidly fixed and the nuclei were stained with Hoechst 33342 before confocal images were acquired. Representative images under normal gravity (1 g) and simulated microgravity (μ g) are displayed in Fig. 6a, b. More images, organized in mosaics, are shown in Supplementary Fig. 6 for HEK293 cells, do not indicate any qualitative difference between the two conditions, either at the basolateral membrane where cortical actin is present, or in the perinuclear cell region. In order to conduct a more quantitative assessment, we conducted an orientation analysis of cellular actin filaments. The result of this analysis, which starts with an identification and thresholding of the filaments, yields a histogram indicating the average orientation of the actin filaments in the cells (Fig. 6c–f). Figure 6c, d shows the orientations collected from actin

filaments imaged in over 40 cells at the basolateral membrane in 1 g (Fig. 6c) and μ g conditions (Fig. 6d). We could not identify a clear pattern of change between 1 g and μ g, suggesting that no quantifiable disorganization takes place upon 24 h microgravity, at least at the level of the microfilaments detectable using a diffraction-limited imaging approach such as confocal microscopy. This would seem to argue against cortical actin being responsible for the signaling changes reported for adrenergic signaling in altered gravity settings. The same considerations apply for observations in a confocal plane through the preinuclear region (Fig. 6e, f).

We could only observe changes in basic parameters like area, perimeter and roundness of cells between 1 g and μ g conditions (Supplementary Fig. 7), which do not specifically reflect changes to cytoskeletal arrangement, albeit indirectly confirming a cell-wide effect of the microgravity exposure. To rule out that overexpression of lifact-EGFP, known to stabilize actin cytoskeletal integrity may have masked physiological changes, we also

Fig. 6 | Effect of microgravity on the cytoskeletal actin of HEK293 cells. HEK 293 were transiently transfected with the fluorescently tagged actin label lifeact-EGFP and imaged after being exposed to microgravity conditions or the laboratory reference and subsequently fixed. Extraction of orientation analysis using OrientationJ for control and μg conditions at the basolateral membrane and a plane through the perinuclear region (middle).

a, b Structural features were extracted by confocal microscopy, conducted both at the basolateral membrane and in the perinuclear region of the cell. Actin is shown in green (Lifeact-EGFP) and the nucleus was stained with Hoechst 33342 (blue). Scale bars are 10 μm . Histogram indicating the average orientation of the actin filaments at the basolateral membrane **c** 1 g, **d** μg , and a perinuclear plane **e** 1 g, **f** μg . Basolateral μg g: 40 cells, middle: 37 cells, 1 g: basolateral and middle: 51 cells from 2 experimental sessions.



employed hiPS cells where an EGFP fusion was inserted heterozygously at the N-terminus of β -actin via Crispr/Cas9. Qualitative inspection did not display any significant changes in actin morphology between the two conditions also for this cell-type (Supplementary Fig. 8).

Discussion

We measured the effects of altered gravity on the cAMP response to adrenergic stimulation in HEK293 cells, a well-established human cell line used broadly in in-vitro pharmacology studies. We found that simulated μg and hypergravity have opposing effects on the potency of adrenergic-mediated cAMP production. The observed increase in EC_{50} (loss of potency of the adrenergic stimulation) in simulated microgravity (Fig. 1a) is in line with the reduced cAMP dependent PKA activity observed for rats from SpaceLab-3 reported by Mednieks et al.¹⁰. At the same time, Convertino et al.²⁵ and Barbe et al.^{9,26} recently studied the cAMP response to TSH Receptor stimulation in a sounding rocket experiment (6 min of microgravity) and observed a decrease in cAMP levels, hypothesizing a reorganization of membrane microdomains as the mechanistic basis for this decrease. The observed decrease of EC_{50} in hypergravity (Fig. 1b) suggests increased responsiveness of cells to increased gravity conditions (increased potency of adrenergic stimulation), which would align with recent results obtained by Acharya et al.²⁷: here, hiPS-derived cardiomyocytes were subjected to an increasing number of parabolas, which comprise intervals of hyper- and simulated microgravity, and found increased responsiveness to isoproterenol as the number of parabolas increased. However, given the combination of two opposing gravity conditions in each parabola, it is hard to establish a direct parallel between these and our data.

Our steady state observations are mirrored by an enhanced kinetics of cAMP accumulation in the HEK293 cells subjected to hypergravity conditions, which is also observed in a more physiological cardiac model, namely H9c2 cells²⁸ (Fig. 4). These observations, conducted by live cell imaging of cells exposed to 2 g conditions, also indicate a mild increase in receptor constitutive activity (Fig. 2b) once 2 g conditions are achieved, before any agonist is added. These results may be reconciled with a degree of mechanosensation of the adrenergic receptors, as recently highlighted by several groups^{6,19,29}, which would be triggered by the increased force felt in 2 g conditions. However, quite interestingly, our measurements did not show any effect in terms of conformational changes at the β_2 -AR, the predominant adrenergic receptor expressed in HEK cells (Fig. 3). It is possible that conformational rearrangements affect domains which do not alter tension on the cpGFP sensor used in our constructs, or that altogether other changes in the downstream signaling pathway may instead be involved.

The actin cytoskeleton, in particular the portion that underlies the cell membrane, has crucial functions in regulating the plethora of membrane receptors that populate the plasma membrane and act as the gateway to the intracellular biochemistry^{24,30–32}. For this reason, we investigated whether altered gravity may affect the arrangement of cortical actin and thereby affect the organization and function of the membrane receptors. Our data (Fig. 5) indicate that increased actin polymerization reflects decreased potency for adrenergic signaling in HEK293 cells.

Since the very onset of real and simulated microgravity experiments, the cellular cytoskeleton has been one of the key organelles investigated using fluorescence and ultrastructural methods to monitor the effect of altered gravity (Ross³³; Mednieks et al.¹⁰; Philpott¹¹). Analogously to the human skeletal system, which suffers under extended microgravity exposure, it was expected that the polymer structures responsible for maintaining cell shape would be amongst the most affected by the loss of gravity. Within this context, actin integrity and organization in isolated cells subjected to altered gravity have been an important focus of research since early space research experiments. These experiments have ranged from plant cells to human cells, the latter including a variety of model systems, encompassing immune cells, cancer cells and cardiac cells, to name only a few (Nassef et al.³⁴; Lin et al.³⁵; Janmaleki et al.³⁶; Nabavi et al.³⁷; Yang et al.³⁸; Versari et al.³⁹; Rosner et al.¹⁶; Crawford-Young¹⁵; Blancaflor⁴⁰; Siamwala et al.⁴¹).

We therefore tested whether sizable actin remodeling could be observed in our samples when exposed to simulated microgravity. However, in our model and under the altered gravity conditions we employed, we could not detect any quantifiable change to actin morphology, suggesting that other molecular mechanisms may be at play (Fig. 6). We note here that despite the fact that our overall knowledge of cytoskeletal actin organization in cells in normal gravity is very developed (Svitkina⁴²), there appears to be no univocal answer to the question as to exactly how the actin cytoskeleton is rearranged in altered gravity in general, and microgravity in particular, with reports pointing to disorganization, redistribution, reduction or no change at all with respect to the F-actin content in the cell (reviewed by (Crawford-Young¹⁵)).

In light of the importance of cAMP signaling in regulating cardiac function and many other physiological processes⁴³ coupled with the possible increase in space exploration in the near future, it is important to understand how changes in gravity affect cAMP homeostasis.

Our data indicate that altered gravity affects the cAMP cascade, yet the precise molecular switch remains elusive. We excluded two plausible mechanisms, namely direct conformational changes at the third loop of the receptor and actin cytoskeleton remodeling, but several other steps in the signaling pathway may contribute. Previous studies have implicated altered

activity of adenylyl cyclases (ACs) and phosphodiesterases (PDEs), the enzymes synthesizing and degrading cAMP, respectively, and recent work supports altered PDE and AC gene expression under altered gravity^{6,10,44}. Our 24 h endpoint experiments are consistent with this possibility, although reported changes were not uniform across PDE isoforms. Furthermore, comparative analysis of different GPCRs revealed that β 2-adrenergic receptors and melanocortin-4 receptors (Supplementary Fig. 9) display distinct mechanosensitive behaviors, pointing to receptor-specific responses and suggesting that the relevant switch resides at the plasma membrane. We focused on the β 2-AR after ruling out any possible contribution by the endogenously expressed β 1-ARs, by conducting in hypergravity concentration response curve using Salbutamol, a selective agonist that displays an affinity approximately 30 times larger for β 2-AR than the β 1-AR (Supplementary Fig. 10). Although our cpGFP-based conformational biosensor did not reveal sizable changes at the β 2-AR (Fig. 3), this negative result cannot exclude a mechanosensitive contribution of this receptor. As recently reviewed (Shetty, Sirbu, and Annibale²⁰), the β 2-AR has been implicated in mechanosensitive processes, and movements of Helix, 8—thought to underlie such effects, may not be detected with the biosensor employed here. This interpretation is consistent with our recent findings on osmotic swelling at the β 2-AR (Sirbu et al.⁶), further suggesting that the choice of readout strongly influences the detection of receptor mechanosensitivity. Altogether, this highlights the complexity of gravity-induced modulation of cAMP signaling, involving multiple checkpoints rather than a single switch. Future studies dissecting these pathways in detail will be essential to predict and manage pharmacological responses during spaceflight.

Methods

Altered gravity experiments

All altered gravity experiments were performed at the German Aerospace Centre (DLR, Köln, Germany) using the following equipment:

Product Name	Manufacturer	
Multi Sample Incubator Centrifuge (MuSIC)	German Aerospace Center, Institute of Aerospace Medicine, Department of Applied Aerospace Biology Based on a standard cell incubator manufactured by Binder, Germany	<ul style="list-style-type: none"> •Hypergravity Load on Sample: 1–50 g •Acceleration ramp: up/down adjustable •Exposure time: seconds—weeks •Temperature range: RT up to 50 °C •Humidity range: up to 95% RH •Equipped CO₂-gas mixing nozzle •Auto-sterilization via hot air at 180 °C •Anti-condensation humidifying-system
Hyperscope Live-Cell Imaging Platform	Centrifuge manufacturer: AMST, Austria Microscope manufacturer: Carl Zeiss, Jena, Germany Hyperscope Platform and swing-out gondola: German Aerospace Center, Institute of Aerospace Medicine	<ul style="list-style-type: none"> • Zeiss Axio Observer Z1 live-cell imaging microscope • Swing-Out Platform to Avoid Shear Forces on Samples • DLR short-arm Human Centrifuge in :envihab facility • Centrifuge Radius: 3,80 m • Maximum radial

		<ul style="list-style-type: none"> acceleration: 4 g • Acceleration 0–4 g in 30 s • Experiment runtime: up to 24 h • Fully automated Microscope Setup • Remote Control for every action also live possible during Centrifuge Operations • Objectives: 10× air (NA 0.3), 20× air (NA 0.4), 25× oil (NA 0.8), 40× oil (NA 1.4), 100× oil (NA 1.4) • LEDs: 385 nm, 475 nm, 555 nm, 590 nm, 630 nm • Filters: DAPI, EGFP, Alexa 555 (Cy3), mCherry, Alexa 660 (Cy5), DAPI/EGFP/mCherry triple bandpass • Camera: CMOS, 128fps, highly sensitive, time-lapse • Online focus stabilization via Definite Focus.2 • PeCon incubation chamber for constant temperature and CO₂ • Administration of drugs or other substances while the experiment is running
Slide Flask Clinostat	German Aerospace Center, Institute of Aerospace Medicine, Department of Applied Aerospace Biology	<ul style="list-style-type: none"> • Simulated Microgravity of 0.008 g • Rotation speed: 60 rpm • Exposure time: seconds—weeks • Incubator Temperature range: RT to 42 °C • Incubator Humidity range: up to 95% RH • Incubator Equipped with CO₂-gas mixing nozzle • Incubator Auto-sterilization via hot air at 180 °C

Cell culture

HEK293T cells (ECACC 96121229, Sigma-Aldrich) (henceforth HEK293) and H9c2 cells (ATCC—CRL-1446) were used throughout this work for hypergravity experiments using Multi-Sample Incubation Centrifuge (MuSIC) and the Hyperscope, as well as microgravity experiments using a clinostat. Cells were grown in Dulbecco's Modified Eagle's Medium (DMEM, Pan Biotech), supplemented with 2 mM L-glutamine (Pan Biotech), 10% (v:v) heat-inactivated Fetal Calf Serum (Biochrome), 100 µg/mL streptomycin, and 100 U/mL penicillin (Gibco) at 37 °C in a 5% CO₂

incubator. HEK293 cells were grown in T75 cm² flasks. Upon reaching approximately 80% confluency, cells were washed with 5 mL phosphate-buffered saline without Ca²⁺ and Mg²⁺ ions (DPBS, Sigma-Aldrich), trypsinised using 3 mL 0.05%/0.02% trypsin/ethylenediaminetetraacetic acid solution (Pan Biotech) and passaged every 2–3 days. Cells were routinely tested for mycoplasma infection using MycoAlert Mycoplasma Detection Kit (Lonza). hiPSCs (Coriell Institute, Allen Cell Collection, AICS-0016) were grown at 37 °C with 5% CO₂ and 5% O₂, whereas differentiated cultures were maintained at 5% CO₂ and atmospheric (21%) O₂. H9c2 maturation towards a more cardiomyocyte-like phenotype via retinoic acid was achieved according to a protocol described by Pereira, et al.⁴⁵, in which serum was reduced to 1% and cells were supplemented daily with 10 nM of RA (Sigma) for 11 days. For comparison, some cells were maintained in either 10% FBS (control), or in 1% FBS for the same duration, but without RA⁴⁵.

Cell preparation for plate reader acquisition following hypergravity experiments

HEK293 cells were seeded in T75 cell culture flasks and transfected prior to transport to the ground based facility (GBF). Transfection was conducted using JetPrime (Polyplus) according to the manufacturer's instructions using the Epac-S^{H187}. Epac-S^{H187} was a gift from Kees Jalink (Addgene plasmid # 170348; <http://n2t.net/addgene:170348>; RRID: Addgene_170348). Media for HEK293 cells was changed 4 h after transfection. 24 h post-transfection, cells were re-seeded into PDL-coated black-wall (TPP), black bottom 96-well plates at a density of 40,000 cells per well. Ground control plates were placed at 37 °C in a 5% CO₂ incubator while the hypergravity 2 g plate samples were placed in the MuSIC, which was pre-set to generate a gravity of 2 g @80 rpm, while maintaining cells at 37 °C and 5% CO₂ conditions. After hypergravity exposure cells were immediately stimulated for 5 min with 10 µL of 10-fold Isoproterenol (Isoproterenol hydrochloride, Sigma) solution applied to each well. Selected wells were stimulated with Forskolin (Sigma) and 3-isobutyl-1-methylxanthine (IBMX) (Sigma) to achieve maximal cAMP response for normalization purposes. Afterwards, cells were washed and medium was changed to HBSS buffer. Then, cells were fixed with a 4% Paraformaldehyde PBS solution supplemented with 0.2% Glutaraldehyde. Twenty minutes post-fixation, cells were washed with PBS and kept at 4 °C until plate reader imaging. The ground control plates were also treated simultaneously with their respective 2 g counterparts.

Cell preparation for microscopic imaging following clinostat experiments

HEK293 and H9c2 cells were seeded in T75 cell culture flasks and transfected prior to transport to the ground based facility. There they were passaged into glass-bottom µ-slides (Ibidi) coated with Poly-L-Lysine (PLL), to be exposed to altered gravity the next day (48 h post transfection). Transfection was conducted using Lipofectamine 2000 (Thermo Fisher Scientific) according to the manufacturer's instructions using the Epac-S-H187, or mEGFP-Lifeact-7. mEGFP-Lifeact-7 was a gift from Michael Davidson (Addgene plasmid #54610; <http://n2t.net/addgene:54610>; RRID: Addgene_54610). One to two days post transfection cells were exposed to the clinostat and treated with ligand (where applicable) before fixation. hiPSC-CMs were detached as single cells and seeded in Geltrex-coated, glass-bottom µ-slides (Ibidi, Gräfelting, Germany). Generally, until the day of experiment hiPSC-CMs were cultured in a maintenance medium with 3 µM CHIR99021 and 1x RevitaCell supplement (Life Technologies, Carlsbad, CA, USA). A 2D rotation clinostat was used to simulate microgravity in vitro. µ-slides were attached in holders to the rotation bar. The clinostat had four bars which were simultaneously rotating allowing to load multiple µ-slides. The clinostat was placed inside a cell incubator to allow the cells to be kept at 37 °C and 5% CO₂. 1 g controls were placed on top of clinostat to be exposed to the same slight movements, apart from clinostat, as cells exposed to µg. Cells were exposed to µg for 24 h, quickly removed from the clinostat and stimulated where relevant with drugs by replacing the entire medium in the channel with media containing ligands at

the appropriate concentration for a duration of 5 min. Then, cells were fixed with a 4% Paraformaldehyde PBS solution supplemented with 0.2% Glutaraldehyde. Twenty minutes post-fixation, cells were washed with PBS and kept at 4 °C until microscopic imaging at a later time point.

Hyperscope

The kinetic hypergravity experiments were performed on the *Hyperscope*, a widefield microscope that is mounted onto the DLR's short-arm human centrifuge, which co-rotates together with the sample and experiences the same g-forces. The *Hyperscope* is a system that integrates the Axio Observer Z.1 live-cell fluorescence microscope mounted on a swing-out platform attached to one arm of the short-arm human centrifuge (SAHC1) at the DLR:envihab facility. This setup allows live-cell imaging of biological samples under hypergravity conditions of up to 2 g. All settings of the microscope can be remotely controlled during centrifuge operation. The swing-out platform ensures that the gravity vector acts perpendicular to the samples, thereby avoiding unwanted shear forces⁴⁶. Imaging settings for the FRET experiments were LED excitation at 385 nm, and collection of donor (mTurquoise2) emission between 475 and 523 nm, and collection of FRET signal (mVenus) between 500 and 540 nm, by alternating filtercubes within the motorized turret of the Axio Observer Z.1. For the cpGFP biosensor experiments excitation was provided at 488 nm and collection between 500 and 550 nm. While the cells were exposed to 2 g the microscope was controlled remotely from the outside. A perfusion system with a peristaltic pump (Masterflex® Ismatec® Reglo ICC Digital Pump), also remotely controlled, was connected using luer connectors to the µ-slides inlet and outlet. This setup allowed to add media with defined concentration of ligands at the desired time after the centrifuge startup. Cells were maintained at 37 °C thanks to a stage insert incubator. Ground control experiments were ran with the exact same settings as those employed for the 2 g experiments.

Fluorescence plate reader analysis

Plate reader experiments were performed using a Synergy Neo2 plate reader (BioTek) equipped with a monochromator and filter optics. Expression levels of biosensor were measured with monochromator optics. For expression of biosensor the excitation was at 500/20 nm, and emission was at 539/20 nm. For FRET measurements, a range of CFP/YFP monochromators were used, which was excited at 430/20 nm, while 491/30 nm and 541/20 nm were used for emission.

Confocal microscopy

Images of actin structures in both HEK293 as well as hiPSC cells were acquired on a confocal laser scanning microscope, Leica TCS SP8 and the same imaging conditions were applied throughout. All measurements were conducted with an HC PLAP CS2 40× 1.3 numerical aperture (NA) oil immersion objective (Leica). The pixel size was 50 nm and the autofocus of the microscope was enabled during the acquisition to stabilize the focal position. EGFP was excited at 488 nm with a laser power of 1% and Hoechst 33342 was excited at 405 nm with a laser power of 2%. Emission of sequential scans was detected on hybrid detectors in photon-counting mode detecting in the range of either 420–479 nm (Hoechst 33342) or 492–548 nm (EGFP).

FRET microscopy

HEK293 and H9c2 cells transiently transfected with Epac-S-H187 sensor were seeded in Ibidi µ-slides exposed to gravity conditions and stimulated followed by 4% Paraformaldehyde (PFA) with 0.2% Glutaraldehyde fixation. Cells were imaged at room temperature. An inverted microscope (DMIRE2, Leica Microsystems), equipped with a 40x HCX PL APO, 1.25 numerical aperture (NA) objective (Leica Micro- systems), dichroic beamsplitter T510lpxrx (Thorlabs), Cool LED (pE-400 Series) and an Andor iXon Ultra EMCCD camera with a dual image splitter (OptoSplit II, Cairn Research), was used. We applied an excitation wavelength of 450 nm and collected fluorescence emission simultaneously at 470/24 nm and 535/30 nm. Images were obtained at 500 ms exposure per frame. For live cell

sequences movies were acquired for the number of frames needed for the cAMP concentrations to equilibrate. Fiji was used to extract fluorescence intensity values from single cells, which were corrected for back-ground and used to calculate FRET/mTurquoise2 ratio.

Data analysis

For plate reader experiments, change in FRET for each well was initially calculated using Microsoft Excel 2019. For dose response curves from clinostat experiments and centrifuges data was fit in GraphPad Prism (v 9.5) to Eq. 1:

$$Response = Bottom + c \cdot \frac{Top - Bottom}{EC50 + c} \quad (1)$$

In which Top and Bottom are the plateaus in units of Response, c is the concentration of the agonist and EC50 is the concentration of agonist that gives a response halfway between Top and Bottom.

Data availability

All relevant data are available from the corresponding author upon reasonable request.

Code availability

All data analysis routines are available from the corresponding author upon reasonable request.

Received: 7 March 2025; Accepted: 9 March 2026;

Published online: 30 March 2026

References

- Auber, A. Cardiovascular function and basics of physiology in microgravity. *Acta Cardiol.* **60**, 129–151 (2005).
- Jung, A. S. et al. Simulated microgravity produces attenuated baroreflex-mediated pressor, chronotropic, and inotropic responses in mice. *Am. J. Physiol. Heart Circ. Physiol.* **289**, H600–H607 (2005).
- Goswami, N. et al. Human physiology adaptation to altered gravity environments. *Acta Astronaut.* **189**, 216–221 (2021).
- Lefkowitz, R. J., Rockman, H. A. & Koch, W. J. Catecholamines, cardiac β -adrenergic receptors, and heart failure. *Circulation* **101**, 1634–1637 (2000).
- Hilger, D., Masureel, M. & Kobilka, B. K. Structure and dynamics of GPCR signaling complexes. *Nat. Struct. Mol. Biol.* **25**, 4–12 (2018).
- Sirbu, A. et al. Cell swelling enhances ligand-driven beta-adrenergic signaling. *Nat. Commun.* **15**, 7822 (2024).
- Musheshe, N., Schmidt, M. & Zaccolo, M. cAMP: from long-range second messenger to nanodomain signalling. *Trends Pharm. Sci.* **39**, 209–222 (2018).
- Hemmersbach, R., Wilczek, M., Stieber, C., Braucker, R. & Ivanova, K. Variable acceleration influences cyclic AMP levels in *Paramecium bicaurelia*. *J. Gravitational Physiol.* **9**, P267–P268 (2002)..
- Albi, E. et al. Thyrotropin receptor and membrane interactions in FRTL-5 thyroid cell strain in microgravity. *Astrobiology* **11**, 57–64 (2011).
- Mednieks, M. I., Fine, A. S., Oyama, J. & Philpott, D. E. Cardiac muscle ultrastructure and cyclic AMP reactions to altered gravity conditions. *Am. J. Physiol.* **252**, R227–R232 (1987).
- Philpott, D. E. P. et al. Morphological and biochemical examination of Cosmos 1887 rat heart tissue: part I - ultrastructure. *FASEB J.* **4**, 5 (1990).
- Wang, P. et al. Spaceflight/microgravity inhibits the proliferation of hematopoietic stem cells by decreasing Kit-Ras/cAMP-CREB pathway networks as evidenced by RNA-Seq assays. *FASEB J.* **33**, 5903–5913 (2019).
- Bock, A. et al. Optical mapping of cAMP signaling at the nanometer scale. *Cell* **182**, 1519–1530.e1517 (2020).
- Gruener, R., Roberts, R. & Reitstetter, R. Reduced receptor aggregation and altered cytoskeleton in cultured myocytes after space-flight. *Biol. Sci. Space* **8**, 14 (1994).
- Crawford-Young, S. J. Effects of microgravity on cell cytoskeleton and embryogenesis. *Int. J. Dev. Biol.* **50**, 183–191 (2006).
- Rosner, H., Wassermann, T., Moller, W. & Hanke, W. Effects of altered gravity on the actin and microtubule cytoskeleton of human SH-SY5Y neuroblastoma cells. *Protoplasma* **229**, 225–234 (2006).
- Wu, X. T. et al. Cells respond to space microgravity through cytoskeleton reorganization. *FASEB J.* **36**, e22114 (2022).
- Klarenbeek, J., Goedhart, J., van Batenburg, A., Groenewald, D. & Jalink, K. Fourth-generation epac-based FRET sensors for cAMP feature exceptional brightness, photostability and dynamic range: characterization of dedicated sensors for FLIM, for ratiometry and with high affinity. *PLoS One* **10**, e0122513 (2015).
- Cullum, S. A. et al. Mechano-sensitivity of beta2-adrenoceptors enhances constitutive activation of cAMP generation that is inhibited by inverse agonists. *Commun. Biol.* **7**, 417 (2024).
- Shetty, A. J., Sirbu, A. & Annibale, P. Insights into new mechanosensitive behaviors of G protein-coupled receptors. *J. Mol. Endocrinol.* **75**, e240147 (2025).
- De Lean, A., Stadel, J. M. & Lefkowitz, R. J. A ternary complex model explains the agonist-specific binding properties of the adenylate cyclase-coupled beta-adrenergic receptor. *J. Biol. Chem.* **255**, 7108–7117 (1980).
- Patriarchi, T. et al. Ultrafast neuronal imaging of dopamine dynamics with designed genetically encoded sensors. *Science* **360**, eaat4422 (2018).
- Kuznetsov, A. V., Javadov, S., Sickinger, S., Frotschnig, S. & Grimm, M. H9c2 and HL-1 cells demonstrate distinct features of energy metabolism, mitochondrial function and sensitivity to hypoxia-reoxygenation. *Biochim Biophys. Acta* **1853**, 276–284 (2015).
- Scarselli, M., Annibale, P. & Radenovic, A. Cell type-specific beta2-adrenergic receptor clusters identified using photoactivated localization microscopy are not lipid raft related, but depend on actin cytoskeleton integrity. *J. Biol. Chem.* **287**, 16768–16780 (2012).
- Convertino, V. A. et al. Evidence for increased beta-adrenoreceptor responsiveness induced by 14 days of simulated microgravity in humans. *Am. J. Physiol.* **273**, R93–R99 (1997).
- Barbe, P. et al. Increase in epinephrine-induced responsiveness during microgravity simulated by head-down bed rest in humans. *J. Appl. Physiol.* **87**, 1614–1620 (1999).
- Acharya, A. et al. Parabolic, flight-induced, acute hypergravity and microgravity effects on the beating rate of human cardiomyocytes. *Cells* <https://doi.org/10.3390/cells8040352> (2019).
- Hescheler, J. et al. Morphological, biochemical, and electrophysiological characterization of a clonal cell (H9c2) line from rat heart. *Circ. Res.* **69**, 1476–1486 (1991).
- Virion, Z. et al. Sialic acid mediated mechanical activation of β 2 adrenergic receptors by bacterial pili. *Nat. Commun.* <https://doi.org/10.1038/s41467-019-12685-6> (2019).
- Stelzer, N. *Investigating How Cortical Actin Modulates GPCR Dynamics and Signaling*, (TU Berlin Berlin, 2021).
- Boltz, H. H. et al. The impact of membrane protein diffusion on GPCR signaling. *Cells* <https://doi.org/10.3390/cells11101660> (2022).
- Kockelkoren, G. et al. Molecular mechanism of GPCR spatial organization at the plasma membrane. *Nat. Chem. Biol.* **20**, 142–150 (2024).
- Ross, M. D. The influence of gravity on structure and function of animals. *Adv. Space Res.* **4**, 305–314 (1984).
- Nassef, M. Z. et al. Real Microgravity Influences the Cytoskeleton and Focal Adhesions in Human Breast Cancer Cells. *Int. J. Mol. Sci.* **20**, 3156 (2019).
- Lin, S. C. et al. Simulated Microgravity Disrupts Cytoskeleton Organization and Increases Apoptosis of Rat Neural Crest Stem Cells Via Upregulating CXCR4 Expression and RhoA-ROCK1-p38 MAPK-p53 Signaling. *Stem Cells Dev.* **25**, 1172–1193 (2016).

36. Janmaleki, M., Pachenari, M., Seyedpour, S. M., Shahghadami, R. & Sanati-Nezhad, A. Impact of Simulated Microgravity on Cytoskeleton and Viscoelastic Properties of Endothelial Cell. *Sci. Rep.* **6**, 32418 (2016).
37. Nabavi, N., Khandani, A., Camirand, A. & Harrison, R. E. Effects of microgravity on osteoclast bone resorption and osteoblast cytoskeletal organization and adhesion. *Bone* **49**, 965–974 (2011).
38. Yang, X., Sun, L.-W., Wu, X.-T., Liang, M. & Fan, Y.-B. Impact of shear stress and simulated microgravity on osteocytes using a new rotation cell culture device. *Acta Astronaut.* **116**, 286–298 (2015).
39. Versari, S., Villa, A., Bradamante, S. & Maier, J. A. M. Alterations of the actin cytoskeleton and increased nitric oxide synthesis are common features in human primary endothelial cell response to changes in gravity. *Biochim. Biophys. Acta.* **1773**, 1645–1652 (2007).
40. Blancaflor, E. B. Regulation of plant gravity sensing and signaling by the actin cytoskeleton. *Am. J. Botany* **100**, 143–152 (2013).
41. Siamwala, J. H. et al. Simulated microgravity perturbs actin polymerization to promote nitric oxide-associated migration in human immortalized Eahy926 cells. *Protoplasma* **242**, 3–12 (2010).
42. Svitkina, T. M. Ultrastructure of the actin cytoskeleton. *Curr. Op. Cell Bio.* **54**, 1–8 (2018).
43. Gancedo, J. M. Biological roles of cAMP: variations on a theme in the different kingdoms of life. *Biol. Rev. Camb. Philos. Soc.* **88**, 645–668 (2013).
44. Mitrokhin, V. M. et al. Simulated microgravity and hypergravity affect the expression level of soluble guanylate cyclase, adenylate cyclase, and phosphodiesterase genes in rat ventricular cardiomyocytes. *Bull. Exp. Biol. Med.* **176**, 359–362 (2024).
45. Pereira, S. L. et al. Metabolic remodeling during H9c2 myoblast differentiation: relevance for in vitro toxicity studies. *Cardiovasc Toxicol.* **11**, 180–190 (2011).
46. Lichterfeld, Y. G. *Reducing Reactive Astroglia in vitro using Altered Gravity* (Universitäts- und Landesbibliothek Bonn, 2024).

Acknowledgements

We are grateful to Heike Biebermann (Charité Universitätsmedizin, Berlin) for support during sample preparation. We are grateful to Leye Cooker (Cellbox gmbh) for support related to cell transport from St Andrews to Cologne. PA gratefully acknowledges funding from the European Space Agency (CORAGBF- 2022-002) and the UK Space Agency SciSupport scheme. We acknowledge support from the Royal Society RGS\R2\222376. We are also grateful for kickstarter funding by the Deutsches Forschungsgemeinschaft (DFG) through project 421152132 SFB1423 subproject C03 (P.A.).

Author contributions

I.S., M.B.-P., P.A., A.S., K.S., A.A. acquired data. M.B.-P., P.A., I.S., A.S., and A.A. analyzed data. T.P. and P.d.L. provided materials and reagents. Y.L. and C.L. provided onsite technical support. P.A., M.B.P., and P.d.L. wrote the manuscript with input from all authors. P.A. supervised the project. P.A. acquired funding.

Competing interests

The authors declare no competing interests.

Additional information

Supplementary information The online version contains supplementary material available at <https://doi.org/10.1038/s41526-026-00587-z>.

Correspondence and requests for materials should be addressed to Paolo Annibale.

Reprints and permissions information is available at <http://www.nature.com/reprints>

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License, which permits any non-commercial use, sharing, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if you modified the licensed material. You do not have permission under this licence to share adapted material derived from this article or parts of it. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by-nc-nd/4.0/>.

© The Author(s) 2026