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The EBLM Project- XI. Mass, radius, and effective temperature measurements for 23 M-dwarf companions to solar-type stars observed with CHEOPS

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ABSTRACT

Observations of low-mass stars have frequently shown a disagreement between observed stellar radii and radii predicted by theoretical stellar structure models. This 'radius inflation' problem could have an impact on both stellar and exoplanetary science. We present the final results of our observation programme with the CHaracterising ExOPlanet Satellite (CHEOPS) to obtain high-precision light curves of eclipsing binaries with low-mass stellar companions (EBLMs). Combined with the spectroscopic orbits of the solar-type companions, we can derive the masses, radii, and effective temperatures of 23 M-dwarf stars. We use the PYCHEOPS data analysis software to analyse their primary and secondary occultations. For all but one target, we also perform analyses with Transiting Exoplanet Survey Satellite (TESS) light curves for comparison. We have assessed the impact of starspot-induced variation on our derived parameters and account for this in our radius and effective temperature uncertainties using simulated light curves. We observe trends in inflation with both metallicity and orbital separation. We also observe a strong trend in the difference between theoretical and observational effective temperatures with metallicity. There is no such trend with orbital separation. These results are not consistent with the idea that the observed inflation in stellar radius combines with lower effective temperature to preserve the luminosity predicted by low-mass stellar models. Our EBLM systems provide high-quality and homogeneous measurements that can be used in further studies of radius inflation.

Key words: techniques: photometric – techniques: spectroscopic – binaries: eclipsing – stars: fundamental parameters – stars: low-mass.

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1 INTRODUCTION

In exoplanet observations, the correct characterization of the stellar host is of great importance. The properties of an exoplanet, such as mass and radius, are most commonly inferred from their impact upon their host star, as seen with the transit and radial velocity methods (Southworth 2009). Increased accuracy of the mass and size of the host leads to increased accuracy in deriving the masses and sizes of any orbiting bodies. The properties of the host star are most commonly derived by finding the best fit between observed properties and stellar evolution models (e.g. Baraffe et al. 1998; Dotter et al. 2008). Therefore, any uncertainty in the models would give rise to systematic errors in inferred stellar properties and thus those of the exoplanet. This has become a potential issue regarding the recent popularity of low-mass star systems as targets for exoplanet observation (Charbonneau & Deming 2007; Quirrenbach et al. 2014; Gillon et al. 2017; Delrez et al. 2018). Upon observing more and more low-mass stars, a concerning issue has been identified. A significant fraction of the stellar population at low masses have been observed to have radii that differ significantly from those predicted by theoretical stellar models.

First observed in the 1970s (Hoxie 1970, 1973; Lacy 1977), this finding has continued to be observed ever since (Popper 1997; Clausen et al. 1999; Torres & Ribas 2002; Casagrande, Flynn & Bessell 2008; Torres, Andersen & Giménez 2010; Kraus et al. 2011; Birkby et al. 2012; Feiden & Chaboyer 2012; Nefs et al. 2013; Spada et al. 2013; Torres 2013; Chen et al. 2014; Dittmann et al. 2017; Kesseli et al. 2018; Swayne et al. 2021; Morales et al. 2022; Jennings et al. 2023), being termed the 'radius inflation' problem. Along with claims of radius inflation are reports of effective temperatures that are too cool compared with stellar models, a trend clearly visible in the mass-effective temperature diagram displayed in Parsons et al. (2018). The underprediction of effective temperature when combined with the overprediction of radius was suggested by Hoxie (1970) to balance to give constant luminosity. This hypothesis, that luminosities are being predicted accurately by stellar models for lowmass stars, has been explored in many studies since (Delfosse et al. 2000; Torres & Ribas 2002; Ribas 2006; Torres et al. 2006; Torres 2007). However, disagreements between theoretical and observed mass-luminosity relations (Mann et al. 2019) suggest that this balance is only accurate to a few per cent.

Multiple theories have been put forth to explain radius inflation. One of these has has been stellar activity. It has been proposed that sizable magnetic activity could inhibit convection (Feiden & Chaboyer 2013b), transferring energy from convection into the magnetic field. A suppressing of convection would then result in the radius inflating to conserve flux. Though this has been modelled to be possible for stars with radiative cores, modelling of activity-causing inflation for fully convective stars has found that too high a level of activity would be required for the observed levels of inflation (Morales et al. 2010; Feiden & Chaboyer 2013a).

Stellar activity can also increase uncertainty in our observed results, complicating efforts to define and understand inflation. The effect of starspots on the measurement of the companion radius by the transit method has been observed on multiple occasions (Czesla et al. 2009; Carter et al. 2011). When spots move across the visible stellar disc as their star rotates, they will create periodic variations in its light which, provided the lifetime of the spot is not short, can be detected. For longer lifetime active regions there is a possibility to create systematic errors in radius measurement of a size dependent on the strength and number of the active regions. Their impact is dependent on whether they are occulted by the

companion star or not (Czesla et al. 2009; Oshagh et al. 2013; Pont et al. 2013). Observations of planets eclipsing dark spots as they transit the star have been observed, shown very clearly in the case of HAT-P-11 (Southworth 2011), with small peaks during the transit dip being clearly visible in the light curve. These peaks can cause underestimation or overestimation of the transit depth, depending on how they are treated. There is also dependence on whether the average surface brightness of the occulted band is less or more than average surface brightness in the non-occulted portions of the star. Dark spots not occulted by the companion have a different effect. The presence of cooler spots on the stellar disc results in the star itself seeming cooler. This will result in a greater fraction of flux being blocked by a companion and an overestimate of the derived radius. Starspots can also effect the predictions of stellar models, blocking flux and causing inflation in the pre-main sequence and zero-age main sequence that can lead to incorrectly determined ages (Spruit 1982; Somers & Pinsonneault 2015; Somers, Cao & Pinsonneault 2020).

Additionally, in observing these levels of stellar activity there could be an observational bias. The majority of well-defined low-mass star systems come from short-period binaries. Such systems are thought to be tidally locked in synchronized, circular orbits (Zahn 1977). Tidal interactions could increase the speed of the internal stellar dynamo and lead to higher magnetic activity, inhibited convection and thus inflation (e.g. Ribas 2006). However, the observation of radius inflation in the case of isolated M-dwarfs (e.g. Berger et al. 2006; Boyajian et al. 2012; Spada et al. 2013) and rapidly rotating low-mass stars in binaries without inflation (Blake et al. 2008) does suggest a more complicated picture.

Another proposed contributing factor towards the radius inflation problem is metallicity. As changes in metallicity result in changes in stellar opacity, this is expected to have a small but noticeable effect on low-mass stellar radii. As the outer layers of a star see a decrease in opacity with lower metallicity, there is likewise a decrease in radiation pressure and therefore in the size of the star. This direct effect on a star's structure is accounted for in stellar models, but some studies have suggested a clear trend between inflation and metallicity (Berger et al. 2006; von Boetticher et al. 2019). This would imply that the structural models are not accounting for metallicity correctly, perhaps indicating some missing physics or opacity that causes an underprediction of radius for a fixed mass. The extent of this effect of metallicity on inflation is debated, with other studies finding no such trend (Demory et al. 2009).

To explore the radius inflation problem and address a lack of data for M-dwarfs, the Eclipsing Binaries with Low-Mass stellar companions (EBLM) project (Triaud et al. 2013) was launched. The EBLM project makes use of the Wide Angle Search for Planets (WASP: Pollacco et al. 2006) a survey that has found over 150 transiting exoplanets. WASP also detected a large number of 'false positive' objects that were detected as 'exoplanet-like', but the signals of which were created in a different way (Schanche et al. 2019). One of the most common false positives was from eclipsing binary stars, which create a similar transit signal as one star orbits the other. This was especially the case for low-mass stars in eclipsing binaries, as their radii, and therefore transit depths, are very similar to those of hot Jupiters. The EBLM project seeks to use this large source of identified eclipsing binaries to address a shortfall of accurate mass, radius, and effective temperature measurements for low-mass stars, further exploring apparent problems at the low-mass end of the Hertzsprung-Russell (HR) diagram. The EBLM series has explored eclipsing binaries at different stellar limits (Triaud et al. 2013; von Boetticher et al. 2017), the impact of different models for primary

stars (Duck et al. 2023), and potential radius inflation (Gill et al. 2019; von Boetticher et al. 2019) and, in EBLM IV (Triaud et al. 2017), has derived masses from the spectroscopic orbits of over 100 M-dwarfs.

The CHaracterising ExOPlanet Satellite (CHEOPS) mission (Benz et al. 2021) is the first small (S-class) European Space Agency mission. Launched on 2019 December 18, its primary function is to perform ultrahigh-precision photometry of bright stars known to host exoplanet systems. The CHEOPS guaranteed-time observing (GTO) programme includes 'Ancillary Science' programmes, where the targets are not exoplanets but are important to the field of exoplanets. This includes our programme, 'ID-037: Eclipsing binaries with very low-mass stars'. It seeks to use the capabilities of CHEOPS to explore the radius inflation problem. Additionally, we use data from the Transiting Exoplanet Survey Satellite (TESS) mission (Ricker et al. 2015) to ensure consistency between different instruments, with different studies reporting inconsistent results for the same object being a previous problem in observing EBLMs (e.g. Gómez Maqueo Chew et al. 2014; Swayne et al. 2020; Martin et al. 2023).

This work presents the final results for 23 targets from our CHEOPS observing programme. We focused on targets with masses below the fully convective boundary (0.35 M_☉), as this region is sparsely populated in combined mass, radius, and effective temperature measurements. The first results of the programme were presented in Swayne et al. (2021). Results for five systems negligibly affected by starspot activity were presented in Sebastian et al. (2022). These studies demonstrated the capability of CHEOPS to provide precise radius and effective temperature measurements for M-dwarfs. We reanalyse these targets due to the use of new techniques in analysis since Swayne et al. (2021) and to apply our new methods in starspot simulation to the targets in Sebastian et al. (2022). Our targets have had both their primary transit and secondary eclipses observed when possible in both CHEOPS and TESS. A few targets only had their secondary eclipse observed with one satellite, but had both their transit and eclipses observed by the other. In this case we set orbital parameters to those observed by the other satellite and only fitted the eclipse depth and orbital shape parameters. Our observations, data reduction, and methods to characterize the host star are outlined in Section 2. Our analysis of the CHEOPS and TESS light curves and derivations of the absolute stellar parameters are detailed in Section 3. Our approach to account for uncertainties deriving from starspot-induced flux variation is displayed in Section 4. We present our results in Section 5, discuss the search for radius inflation trends in Section 6, and give our conclusions in Section 7, commenting on areas of future interest.

2 OBSERVATIONS AND METHODS

Our targets are all detached eclipsing binary stars in which a solar-type star is eclipsed by an M-dwarf. The observations were made as part of the *CHEOPS* GTO programme CH_PR100037: 'Eclipsing binaries with very low-mass stars' between 2020 April and 2022 October. This programme sought to observe the primary and secondary eclipses of 23 EBLM systems, which was achieved for 21/23 targets. *CHEOPS* observes targets from low-Earth orbit. Therefore observations are interrupted by the Earth occulting the target and by travelling through the South Atlantic Anomaly. This results in gaps in the light curve of up to 44 and 19 minutes, respectively. The efficiency of each visit, i.e. the amount of observing time spent observing the object due to these gaps is shown in Table 1.

The raw data were processed using version 13.1 of the *CHEOPS* data reduction pipeline (DRP: Hoyer et al. 2020). The DRP performs image correction for environmental and instrumental effects before

performing aperture photometry of the target. As explained in Hoyer et al. (2020), the Gaia DR2 catalogue (Gaia Collaboration et al. 2018) is used by the DRP to simulate the field of view (FoV) of an observation in order to estimate the level of contamination present in the photometric aperture. The DRP also accounts for the rotating FoV of CHEOPS, where other stars in the image can create 'smear' trails and contaminate the photometric aperture. The smear effect is corrected by the DRP while the contamination produced by nearby stars is recorded in the DRP data products, allowing the user to include or ignore the contamination correction provided. The final photometry is extracted by the DRP using three different fixed aperture sizes labelled 'RINF', 'DEFAULT', and 'RSUP' (at radii of 22.5, 25.0, and 30.0 pixels, respectively) and a further 'OPTIMAL' aperture, the size of which is dependent upon the FoV contamination. The observed and processed data are made available on the Data Analysis Center for Exoplanets (DACE) web platform.¹ We downloaded our data from DACE using PYCHEOPS², a PYTHON module developed for the analysis of data from the CHEOPS mission (Maxted et al. 2022). The log of our observations, including the aperture radius chosen to analyse each light curve, is shown in Table 1. We fitted the light curves from all four apertures and found that different choice of aperture radius has a negligible impact on the results. Therefore, we chose the aperture that gave the minimum mean absolute deviation (MAD) of the point-to-point differences in the light curve of the eclipse visit.

The TESS survey is split into overlapping $90^{\circ} \times 24^{\circ}$ sky sectors over the northern and southern hemispheres, with one sector being observed for approximately one month. We used two-minute cadence data observed as part of the EBLM group's TESS Guest Investigator (GI) programmes G011278, G022253, G03216, G04157, and G05024. Our targets were also observed by other groups under GI programmes G022039, G022062, G022156, G03251, G03272, G04171, G04191, G04234, G05003, and G05112. Data were reduced by the Science Processing Operations Center Pipeline (SPOC: Jenkins et al. 2016) and made available from the Mikulski Archive for Space Telescopes (MAST)³ web service. We used the Pre-search Data Conditioned Simple Aperture Photometry (PDCSAP) flux data in our analysis. Any cadences in the light curve with severe quality issues were ignored using the 'default' bitmask 175 (Tenenbaum & Jenkins 2018). We only used segments of the TESS light curve within one eclipse⁴ duration of the time of mid-eclipse of each occultation. To remove trends in the light curve, the segments were divided by a linear polynomial model fitted to the data on either side of the masked-out eclipse. The out-of-eclipse data would be used to quantify the effect flux variation had on our fitted results.

2.1 Derivation of primary effective temperature and metallicity

The spectroscopic stellar parameters ($T_{\rm eff}$, log g, microturbulence (ξ_1), [Fe/H]) and their respective uncertainties were estimated by using ARES + MOOG, following the same methodology as described in Santos et al. (2013, 2014) and Sousa et al. (2021). We used co-added spectra from individual observations performed with the Spectrographe pour l'Observation des Phénomènes des Intérieurs stellaires et des Exoplanètes (SOPHIE) spectrograph for

¹The DACE platform is available at http://dace.unige.ch

²https://pypi.org/project/pycheops/

³https://mast.stsci.edu

⁴Here referring to the primary eclipse of the host star by the secondary in transit or the secondary eclipse due to the occultation of the secondary star.

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Table 1. A log of observation dates and details for each target visit. 'Effic.' denotes the fraction of the observing interval covered by valid observations of the target. $R_{\rm ap}$ is the aperture radius used to compute the light curve analysed in this work.

Event	Target	Start Date (UTC)	Duration [s]	Effic. (%)	File key	$R_{\rm ap}$ [pixels]
Transit	J0057-19	2020-10-27T10:08:00	31 586	78.9	CH_PR100037_TG011401_V0200	25.0
Eclipse		2020-10-25T06:22:00	31 824	82.1	CH_PR100037_TG011301_V0200	25.0
Transit	J0113+31	2020-11-24T15:37:00	49 425	52.8	CH_PR100037_TG011601_V0200	40.0
Transit		2021-10-19T00:16:00	49 425	63.5	CH_PR100037_TG017101_V0200	40.0
Eclipse		2021-09-28T03:07:00	35 379	57.9	CH_PR100037_TG017201_V0200	40.0
Transit	J0123 + 38	2020-10-17T16:16:00	45 098	55.1	CH_PR100037_TG011801_V0200	22.5
Eclipse		2020-11-14T13:10:00	45 098	51.8	CH_PR100037_TG011701_V0200	22.5
Eclipse		2020-12-16T07:53:00	45 098	54.7	CH_PR100037_TG011702_V0200	22.5
Transit	J0239-20	2020-11-01T15:40:00	30 876	88.6	CH_PR100037_TG012001_V0200	25.0
Eclipse		2020-11-05T20:08:00	30 224	95.0	CH_PR100037_TG011901_V0200	25.0
Eclipse		2020-11-19T17:20:00	30 224	74.0	CH_PR100037_TG011902_V0200	25.0
Transit	J0540 - 17	2020-12-07T08:36:00	37 987	71.1	CH_PR100037_TG012601_V0200	18.0
Eclipse		2020-12-04T08:10:00	38 580	67.7	CH_PR100037_TG012501_V0200	18.0
Eclipse		2021-01-21T09:38:41	38 580	55.7	CH_PR100037_TG012502_V0200	18.0
Eclipse		2021-01-27T09:19:41	38 580	54.3	CH_PR100037_TG012503_V0200	18.0
Transit	J0546-18	2020-11-30T22:24:00	29 927	69.4	CH_PR100037_TG012801_V0200	25.0
Eclipse		2020-12-31T05:23:11	29 987	66.8	CH_PR100037_TG012701_V0200	25.0
Eclipse		2021-01-09T19:36:00	29 987	67.1	CH_PR100037_TG012702_V0200	25.0
Transit	J0719+25	2020-12-10T07:00:00	33 483	55.0	CH_PR100037_TG013001_V0200	22.5
Eclipse [†]		2020-12-21T12:00:00	32713	62.2	CH_PR100037_TG012901_V0200	22.5
Eclipse		2021-02-03T20:51:00	33 127	58.8	CH_PR100037_TG017301_V0200	22.5
Transit	J0941 - 31	2021-03-05T05:01:00	37 217	74.0	CH_PR100037_TG013401_V0200	22.5
Eclipse		2021-02-14T12:55:00	37 512	91.3	CH_PR100037_TG013301_V0200	22.5
Transit	J0955-39	2021-04-12T14:56:00	30 283	56.0	CH_PR100037_TG013601_V0200	22.5
Eclipse		2021-02-21T02:42:00	30 224	69.0	CH_PR100037_TG013501_V0200	22.5
Transit	J1013+01	2021-01-29T15:13:00	28 920	63.3	CH_PR100037_TG013801_V0200	30.0
Eclipse		2021-03-18T09:41:00	28 801	92.6	CH_PR100037_TG013701_V0200	30.0
Transit	J1305-31	2021-04-06T13:59:00	37 098	90.5	CH_PR100037_TG014001_V0200	30.0
Eclipse		2021-04-11T15:59:00	36 387	90.7	CH_PR100037_TG013901_V0200	30.0
Eclipse	J1522+42	2021-04-16T02:33:43	34 905	56.4	CH_PR100037_TG016601_V0200	25.0
Transit	J1559-05	2021-06-07T19:08:00	31 705	92.7	CH_PR100037_TG014401_V0200	22.5
Eclipse	V100, 00	2020-04-18T08:17:00	31 705	70.5	CH_PR100037_TG014301_V0200	22.5
Eclipse		2020-06-09T23:16:00	31 705	95.5	CH_PR100037_TG014302_V0200	22.5
Eclipse		2022-06-01T21:13:00	31 705	94.4	CH_PR100037_TG014303_V0200	22.5
Eclipse		2022-06-13T05:05:00	31 705	76.9	CH_PR100037_TG014304_V0200	22.5
Transit	J1741+31	2020-06-13T08:20:00	27 794	67.8	CH_PR100037_TG014601_V0200	30.0
Eclipse [†]	31741 31	2020-06-10T08:12:58	29 098	63.0	CH_PR100037_TG014501_V0200	30.0
Transit	J1928-38	2021-06-09T16:14:00	45 810	54.4	CH_PR100037_TG014801_V0200	22.5
Eclipse	31720 30	2021-06-20T12:20:00	47 113	57.1	CH_PR100037_TG014701_V0200	22.5
Transit	J1934-42	2020-06-27T13:43:57	28 387	60.7	CH_PR100037_TG015001_V0200	25.0
Eclipse	31754 42	2020-07-13T09:47:00	28 387	61.1	CH_PR100037_TG014901_V0200	25.0
Transit	J2040-41	2021-06-24T18:49:00	45 395	52.8	CH_PR100037_TG015201_V0200	22.5
Eclipse	J2040-41	2021-06-19T06:13:12	42 609	53.0	CH_PR100037_TG015101_V0200	22.5
Eclipse		2021-00-19100.13.12 2021-09-13T22:40:00	42 609	63.5	CH_PR100037_TG015101_V0200	22.5
Eclipse	J2046-40	2021-09-13122.40.00 2021-09-07T13:41:00	50 195	60.8	CH_PR100037_TG015102_V0200 CH_PR100037_TG015301_V0200	25.0
-	J2040-40	2021-09-07113.41.00 2022-06-30T14:52:42		57.8		25.0
Eclipse Transit	J2046+06		56 906 35 676		CH_PR100037_TG017401_V0200 CH_PR100037_TG015601_V0200	
Transit	J2040+00	2020-08-28T22:08:00	35 676	81.1		25.0
Eclipse		2020-07-03T11:34:00	42 313	66.7	CH_PR100037_TG015501_V0200	25.0
Eclipse		2021-07-22T13:59:00	42 313	91.4	CH_PR100037_TG015502_V0200	25.0
Eclipse	10124 - 10	2021-08-11T20:30:55	42 313	94.0	CH_PR100037_TG015503_V0200	25.0
Transit	J2134+19	2020-07-16T15:22:00	46 106	62.0	CH_PR100037_TG015801_V0200	22.5
Transit		2020-09-21T08:50:00	47 410	59.4	CH_PR100037_TG017001_V0200	22.5
Eclipse	10015 : 00	2022-10-18T03:26:00	49 163	56.8	CH_PR100037_TG017501_V0200	22.5
Transit	J2315+23	2021-09-27T12:04:00	41 424	61.1	CH_PR100037_TG016001_V0200	22.5
Eclipse	T00.40 : 00	2021-09-13T01:29:00	39 172	71.3	CH_PR100037_TG016801_V0200	22.5
Transit	J2343+29	2021-09-17T21:03:59	33 483	71.5	CH_PR100037_TG016201_V0200	25.0
Eclipse		2021-09-09T17:47:00	36 979	67.1	CH_PR100037_TG016101_V0200	25.0
Transit Eclipse	J2359+44	2020-11-28T12:20:00 2020-11-11T08:37:00	60 507	53.3	CH_PR100037_TG016401_V0200 CH_PR100037_TG016301_V0200	26.0 26.0
		2020 11 11700.27.00	33 483	60.1	CH DD 100027 TC01(201 V0200	26.0

Note. †Does not cover the phase of superior conjunction.

EBLM J0719+25, EBLM J1522+42, EBLM J1741+31, EBLM J2134+19, EBLM J2315+23, and EBLM J2359+44, co-added CORALIE⁵ spectra for EBLM J0540-17 and EBLM J2046-40 obtained from Triaud et al. (2017), co-added The high-resolution FIbre-fed Echelle Spectrograph (FIES) spectra (Telting et al. 2014) for EBLM J0113+31 and EBLM J0123+38, and High Accuracy Radial velocity Planet Searcher (HARPS) observations from European Southern Observatory (ESO) programme 1101.C-0721 for EBLM J0941-31, EBLM 1305-31, EBLM 1928-38, EBLM J1934-42, EBLM J2040-41, and EBLM J2046+06. We used the ARES code⁶ (Automatic Routine for line Equivalent widths in stellar Spectra; Sousa et al. 2007, 2015) to measure equivalent widths (EW) of iron lines from the list of lines presented in Sousa et al. (2008). For EBLM J2343+29, we instead used the appropriate list of lines presented in Tsantaki et al. (2013), as the star has a lower temperature $(T_{\rm eff} < 5200 \, {\rm K})$. A minimization process assuming ionization and excitation equilibrium is used to find convergence for the best set of spectroscopic parameters. In this process we use a grid of Kurucz model atmospheres (Kurucz 1993) and the radiative transfer code MOOG (Sneden 1973). There were some targets we analysed with different methods due to difficulties with the spectra, e.g. low signal-to-noise ratio (SNR). Using South African Large Telescope (SALT) spectra for EBLM J0057-19 and EBLM J0239-20 and CORALIE spectra for EBLM J1559-05, we modelled the stellar fundamental parameters using the software Spectroscopy Made Easy (SME⁷: Valenti & Piskunov 1996; Piskunov & Valenti 2017). SME computes synthetic spectra with atomic and molecular line data from VALD⁸ (Ryabchikova et al. 2015), which is compared with the observations. We chose the stellar atmosphere grid Atlas12 (Kurucz 2013) and modelled T_{eff} , $\log g_1$, abundances and $v \sin i$ one parameter at a time. For EBLM J0546-18, EBLM J0955-39, and EBLM J1031+01 we used co-added CORALIE spectra and applied a wavelet decomposition method in which we compare the coefficients from wavelet decomposition with those from a grid of model spectra. Those model spectra were synthesized using the code SPECTRUM (Gray & Corbally 1994), Model Atmospheres with a Radiative and Convective Scheme (MARCS model atmospheres; Gustafsson et al. 2008), and atomic line list version 5 of the Gaia ESO survey (Heiter et al. 2015). The method is detailed in Gill, Maxted & Smalley (2018) and has been found to deliver robust measurements of effective temperature and metallicity for spectra with relatively low SNR (SNR $\gtrsim 40$).

2.2 Complementary observations using SOPHIE

The semi-amplitude of the primary star's spectroscopic orbit, K_1 , is required to estimate the secondary star's mass. For 14 out of 23 targets we used values of K_1 that are presented in the first work of the 'Binaries Escorted By Orbiting Planets' (BEBOP) series (Martin et al. 2019: BEBOP I) or in Triaud et al. (2017, EBLM IV). For EBLM J0113+31 we used values published by Maxted et al. (2021). For EBLM J2343+29 we derived values using a simultaneous fit of Near Infrared Transiting ExoplanetS (NITES) photometry (McCormac et al. 2014) and radial velocities (RVs) using the PYTHON module ELLC (Maxted 2016). The RV data derive from an analysis

of PRL Advanced Radial-velocity Abu-sky Search (PARAS) and SOPHIE data by Chaturvedi et al. (2016) and of FIES data observed in opticon proposals 2011B_017 and 2012A_002. For the seven remaining systems (J0123+38, J0719+25, J1522+42, J1741+31, J2134+19, J2315+23, and J2359+44), we used as-yet-unpublished RV measurements obtained with the SOPHIE high-resolution échelle spectrograph (Perruchot et al. 2008) mounted on the 193-cm telescope at the Observatoire de Haute-Provence (France). These were obtained in the context of BEBOP, a radial-velocity survey for circumbinary planets orbiting single-lined eclipsing binaries. All observations were performed with one fibre on the science target and one fibre on the sky to remove background contamination originating from the Moon. All science and sky spectra were reduced using the SOPHIE Data Reduction Software (DRS) and cross-correlated with a mask to obtain radial velocities. We used a G2 mask for G and F dwarfs and a K5 mask for K dwarfs. These methods are described in Baranne et al. (1996), Courcol et al. (2015), and chapter 2 of Heidari (2022), and have been shown to produce precisions and accuracies of a few metres per second across F, G, and K spectral types (e.g. Bouchy et al. 2013; Hara et al. 2020), well below what we typically obtained on this system. All radial velocity observations are high resolution and stable at the 1 m s⁻¹ level and so should be consistent with measuring the 1 km s⁻¹ amplitudes in this study. We used ELLCto model the radial velocity. In our fit of the Keplerian orbit we accounted for jitter by applying a weight in our log-likelihood function. All of the stellar and orbital parameters of the primary stars are listed in Table 2.

3 ANALYSIS

Our *CHEOPS* data analysis follows the methods used in Swayne et al. (2021) and the analysis of *TESS* light curves follows the methods used in Sebastian et al. (2022).

- (i) From transit photometry, obtain transit and secondary eclipse depths (allowing us to calculate radius ratios and flux ratios), surface gravity, and the stellar density when combined with mass from the *TESS* input catalogue. The *TESS* photometry also allows us to derive orbital periods from all but our longer period systems.
- (ii) Combine density with our primary effective temperatures and metallicities to calculate the primary stellar mass using the equation from Enoch et al. (2010).
 - (iii) Using density and mass, derive primary stellar radius.
- (iv) Through the primary stellar mass and derived mass functions we calculate the secondary stellar mass. Through the primary stellar radius and derived radius ratio we calculate the secondary stellar radius.
- (v) We iterate once again through steps (ii)-(iv) to ensure mass ratios are consistent with the stellar density.
- (vi) Using the primary stellar parameters, we derive a theoretical surface brightness. Through using the observed flux ratio and transit depth, we can thus derive the surface brightness of the secondary star. Combining this with stellar parameters, we can derive the effective temperature of the secondary star.
- (vii) Finally, through generating theoretical radii and effective temperatures for the given masses of our stars, we can calculate how our observed results deviate.

This approach uses the posterior probability distributions (PPDs) of each parameter to calculate the uncertainties of our correlated errors accurately as we derive our results. Light curves in both methods were modelled using the QPOWER2 algorithm to compute light curves with the power-2 limb-darkening law (Maxted & Gill

⁵Available from the ESO science archive facility http://archive.eso.org/

⁶The last version of ARES code (ARES v2) can be downloaded at https://github.com/sousasag/ARES

⁷http://www.stsci.edu/~valenti/sme.html

⁸http://vald.astro.uu.se

Table 2. The primary stellar parameters used in deriving our final results. Sp. Type is the estimated spectral type of the primary star. The primary effective temperature and metallicity were derived by the *CHEOPS* TS3—Target Characterisation working group using fitted spectra. The radial velocity semi-amplitude (K_1) , eccentricity (e), and argument of periastron (ω) values were obtained from Triaud et al. (2017), Martin et al. (2019), and RV fits of individual targets or from our own ELLC fits of radial velocity data.

Target	Sp. Type	V [mag.]	T _{eff, 1} [K]	[Fe/H] [dex.]	K_1 [km s ⁻¹]	P [days]	e	ω [deg]
J0057-19	G6V	11.65	5580 ± 150	0.23 ± 0.09	15.523 ± 0.025	4.30055 ± 0.00015	0.0	_
J0113+31	F9V	10.11	6025 ± 76	-0.31 ± 0.05	15.861 ± 0.010	14.276843 ± 0.000003	0.3088 ± 0.0005	279.00 ± 0.03
J0123+38	F8V	12.10	6182 ± 91	0.452 ± 0.070	27.59 ± 0.17	7.952938 ± 0.000006	0.0	_
J0239 - 20	G2V	10.63	5758 ± 100	0.27 ± 0.12	21.316 ± 0.036	2.778691 ± 0.000001	0.0	_
J0540-17	F7V	11.31	6290 ± 77	-0.04 ± 0.05	16.199 ± 0.010	6.004940 ± 0.000003	0.0	_
J0546-18	F8V	12.15	6180 ± 80	-0.45 ± 0.08	26.15 ± 0.10	3.191919 ± 0.000034	0.0	_
J0719+25	F9V	10.96	6026 ± 67	0.04 ± 0.05	15.02 ± 0.04	7.456295 ± 0.000045	0.0730 ± 0.0045	-155.8 ± 5.4
J0941 - 31	F5V	11.08	6504 ± 101	0.078 ± 0.069	21.312 ± 0.036	5.54563 ± 0.000018	0.2006 ± 0.0017	5.02 ± 0.52
J0955-39	F6V	12.90	6340 ± 80	-0.24 ± 0.08	21.446 ± 0.034	5.3136 ± 0.000012	0.0	_
J1013+01	K1V	11.87	5200 ± 80	0.09 ± 0.08	23.193 ± 0.080	2.892273 ± 0.0000024	0.0	_
J1305-31	G0V	12.10	5913 ± 64	0.201 ± 0.044	22.402 ± 0.011	10.61913 ± 0.000015	0.0374 ± 0.0005	-153.52 ± 0.79
J1522+42	G2V	11.66	5738 ± 64	-0.061 ± 0.044	16.31 ± 0.23	7.661343 ± 0.000003	0.1386 ± 0.0067	-130.28 ± 3.03
J1559-05	F8V	9.69	6204 ± 100	0.19 ± 0.09	18.063 ± 0.042	3.760075 ± 0.0000023	0.0	-
J1741+31	F6V	11.70	6376 ± 72	0.09 ± 0.05	37.140 ± 0.040	7.71263 ± 0.00004	0.3009 ± 0.0009	56.81 ± 0.19
J1928-38	G4V	11.20	5687 ± 62	-0.009 ± 0.042	17.269 ± 0.005	23.32286 ± 0.000071	0.0735 ± 0.0002	-137.24 ± 0.19
J1934-42	G5V	12.62	5648 ± 68	0.288 ± 0.046	18.621 ± 0.009	6.35251 ± 0.00001	0.0	_
J2040-41	G2V	11.49	5790 ± 63	-0.206 ± 0.043	12.462 ± 0.004	14.45626 ± 0.000031	0.2265 ± 0.0003	-36.82 ± 0.10
J2046-40	G2V	11.49	5763 ± 75	0.337 ± 0.054	11.986 ± 0.012	37.013621 ± 0.000023	0.4732 ± 0.0005	155.77 ± 0.06
J2046+06	F7V	9.86	6302 ± 70	0.000 ± 0.048	15.548 ± 0.006	10.10779 ± 0.00001	0.3436 ± 0.0003	108.92 ± 0.08
J2134+19	G8V	11.85	5421 ± 64	-0.57 ± 0.05	26.706 ± 0.892	16.58558 ± 0.00005	0.2512 ± 0.0270	35.18 ± 3.65
J2315+23	F9V	11.56	6027 ± 66	0.02 ± 0.05	19.98 ± 0.46	9.13105 ± 0.000119	0.149 ± 0.001	147.23 ± 0.34
J2343+29	K2V	10.59	4984 ± 87	0.11 ± 0.05	8.418 ± 0.003	16.95353 ± 0.00005	0.1604 ± 0.0003	78.41 ± 0.09
J2359+44	F2V	10.59	6799 ± 83	0.12 ± 0.05	23.62 ± 0.08	11.3627 ± 0.0027	0.4773 ± 0.0010	-94.29 ± 0.06

2019). This is used in a binary star model of both primary and secondary eclipses present in PYCHEOPS, the data analysis PYTHON package purpose-built for the CHEOPS mission (Maxted et al. 2021). The limb-darkening effect is applied to the primary eclipses, whereas the secondary eclipses are modelled assuming a uniform stellar disc for the secondary star, as limb-darkening has a negligible effect on the light curve. For the purpose of describing the models, parameters R_1 and R_2 are the radii of the primary and secondary stars respectively. The parameters used in the binary star model are as follows: the time of mid-primary eclipse T_0 ; the primary transit depth parameter $D = R_2^2/R_1^2$, the impact parameter $b = a \cos i/R_1$, where i is the orbital inclination and a is the semimajor axis; the transit width parameter $W = \sqrt{(1 + R_2/R_1)^2 - b^2}R_1/(\pi a)$; the eccentricity and argument of periastron-dependent parameters $f_s = \sqrt{e} \sin(\omega)$ and $f_{\rm c} = \sqrt{e}\cos(\omega)$; the secondary eclipse depth L and the limbdarkening parameters for the primary star h_1 and h_2 as defined by Maxted (2018). D is the transit depth in the absence of limb darkening, while W is the transit width in phase units assuming a circular orbit, parametrizing the transit depth and width.

For some of our targets, we only obtained one primary transit and one secondary eclipse event with *CHEOPS*. Therefore, we had to fix the orbital period to a known value. For consistency we did this for all our *CHEOPS* analyses. For every target we fixed P to the value obtained by our analyses of the *TESS* light curves, with the exception of EBLM J1559–05, which had no *TESS* light curve, and EBLM 1928–38, where *TESS* does not observe primary or secondary occultations. The orbital period of EBLM J1559–05 was set at a value obtained from Triaud et al. (2017) and EBLM J1928–38 at a value obtained from Martin et al. (2019). For those of our targets in zero eccentricity systems, we set f_c and f_s to be at a constant value of zero, assuming a circular

orbit. For our eccentric systems we set priors on f_c and f_s based on the obtained or derived values of eccentricity and arguments of periastron. Additionally, priors in h_1 and h_2 were included for the EBLMs J0719+25, J1741+31, and J1934-42. The values used for the priors were derived using interpolation in the data tables presented in Maxted (2018) based on the limb-darkening profiles from the STAGGER grid (Magic et al. 2015). The interpolation is performed based on the effective temperature, surface gravity, and metallicity from Table 2. An offset (0.01 for h_1 , -0.045 for h_2) was then applied based on the offset between empirical and tabulated values of these limb-darkening parameters observed in the Kepler bandpass by Maxted (2018). For EBLM J0719+25 we used a prior, as h_2 was trending to unphysically low values if left without a prior. For EBLM J1741+31 and EBLM J1934-42 we used priors for the same reason as in Swayne et al. (2021), as the partial primary eclipses did not put enough constraint on the limbdarkening parameters.

3.1 Analysis of CHEOPS light curves

Our *CHEOPS* light curves from each visit were first analysed separately to derive initial model parameters and choose decorrelation parameters. A log of each visit can be found in Table 1. Firstly, we determined initial orbital parameters with a least-squares fit. As fully detailed in Swayne et al. (2021), instrumental effects such as satellite roll angle or contamination can be modelled for using linear decorrelation parameters or with roll angle ϕ , $\sin(\phi)$, $\cos(\phi)$, $\sin(2\phi)$, etc. These can be selected iteratively over a number of least-squares fits by calculating their Bayes factors and discarding those parameters with the largest factors until B_p > 1 for all remaining parameters, as discussed in section 3.4 of

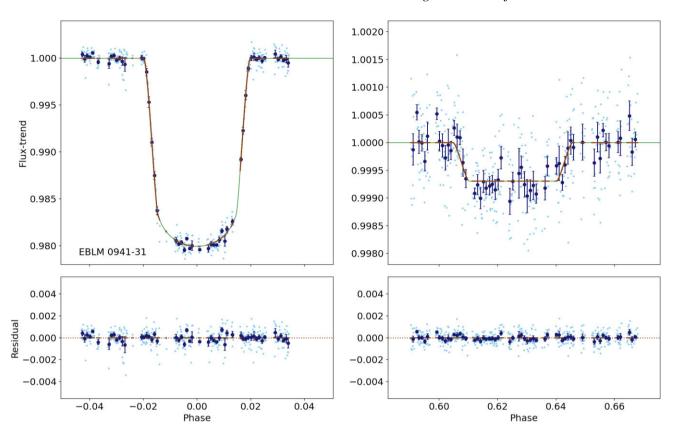


Figure 1. Fitted *CHEOPS* light curve of EBLM J0941–31 in phase intervals around the primary and secondary eclipse events. The observed data points are shown in cyan. The transit and eclipse models are shown in green. Binned data points with error bars are shown in blue and the fit between binned data points in brown. The residual of the fit is displayed below the fitted curves.

Maxted et al. (2021). We then sampled the PPD of the model and decorrelation parameters simultaneously using the Markov chain Monte Carlo (MCMC) code EMCEE (Foreman-Mackey et al. 2013). For primary eclipse fits we used Gaussian priors for f_c and f_s and set orbital periods to values obtained from *TESS* or from radial velocity fits. For secondary eclipse fits we also used priors on D, W, and b based on the values derived from primary transit fit of the target.

After this initial step, the single visits for each target were combined in a 'MultiVisit' analysis. These analyses of all *CHEOPS* visits for a target used the same priors as the individual fits and used a combined average of their derived results as input parameters. Using the MultiVisit function of PYCHEOPS, EMCEE could be used to sample the joint PPD of each target. Each individual visit decorrelation parameter selected in the initial fits was included in the sampling, with the exception of roll angle, which was calculated implicitly using the method described in Maxted et al. (2021), with the number of harmonic terms kept to the default value nroll = 3. An example of the fitted light curve is shown in Fig. 1.

3.2 Analysis of TESS light curves

As in Sebastian et al. (2022), we removed trends in the *TESS* light curve with a different method from that used in Swayne et al. (2021). Only segments of the *TESS* light curve within one eclipse duration of the mid-eclipse were used in the analysis. These segments were divided by a linear polynomial fitted to the data either side of the masked-out eclipse event. To model the light curve, we again

used a least-squares fit to obtain initial model parameters before sampling the PPD of our PYCHEOPS EBLM model using EMCEE. Normal priors were placed on the orbital parameters $f_{\rm c}$, $f_{\rm s}$ using the same values as used in the *CHEOPS* fitting as well as on the white noise, using the residual root-mean-square (RMS) of the least-squares fit.

3.3 Derivation of primary stellar mass and radius

To obtain the primary stellar mass, we use the empirical relation $M(T_{\rm eff}, \rho, [{\rm Fe/H}])$ from Enoch et al. (2010). Values of radius are then calculated from the mean stellar density of the primary star. With effective temperature and metallicity derived by the TS3 (Tech and Support 3)—Target Characterisation working group of *CHEOPS*, the only further quantity we needed to use the equations was the stellar density ρ . We first used estimates of primary mass and radius from the *TESS* input catalogue v8 (Stassun et al. 2019) as initial parameters, along with RV semi-amplitude K_1 and orbital parameters e and e0 from RV measurements and radius ratio e1, semi-major axis divided by stellar radius e1, and sine of the inclination e1 from our transit observations. With the MASSRADIUS function of PYCHEOPS, we used the estimates of stellar mass and radius to get an estimated sample of mean stellar density for our sample of fitted transit parameters using

$$\langle \rho_{\star} \rangle = 3\pi a^3 / (GP^2(1+q)R_1^3),$$
 (1)

where q is the mass ratio M_2/M_1 and G is the gravitational constant. MASSRADIUS propagates errors using a Monte Carlo approach

with a sample of 100 000 points per parameter, with the mean and standard error of input values used to generate normal distributions, or alternatively using samples taken directly from MC distributions. In our case the density uses input values of M_1 , P, and K_1 and the samples from the MCMC fit of R_1/a and $\sin(i)$. With the calculated density we derived a mass sample for the primary star with the equation for mass from Enoch et al. (2010), using normal distribution samples of effective temperature and metallicity based on the values and uncertainties derived by the TS3 working group. After adding a normal-distributed scatter of 0.023 in the logarithm of the mass to account for the scatter in this relation reported by Enoch et al. (2010), we used the mass and density samples to derive a radius sample. These would be the primary stellar samples used in the final calculations of secondary stellar mass and radius.

3.4 Deriving secondary stellar mass, radius, and effective temperature

We calculated secondary stellar mass and radius using MASSRA-DIUS. The function uses the PPD of the light curve fits to derive the mass and radius of the companion star from the analysis of the light curve, given an estimate for the primary star's mass and K_1 , as explained in Maxted et al. (2021). With the primary stellar parameters and those orbital parameters not derived from our light curves presented in Section 2 in Table 2, we could derive the secondary star's mass and radius as well as the surface gravities of both bodies.

We derived the effective temperature $T_{\text{eff,2}}$ of the M-dwarf companion using the surface brightness ratio L/D, derived from our fits to the primary and secondary eclipse. Using the same approach as detailed in Swayne et al. (2021), we made use of PHOENIX model atmospheres with no alpha-element enhancement (Husser et al. 2013) for different spectral parameters $T_{\rm eff}$, log g, and [Fe/H] to create a grid of theoretical integrated surface brightness in the CHEOPS and TESS passbands. With the known primary stellar parameters, we derived a sample of surface brightness values for the primary star. Using the observed surface brightness ratio, the metallicity (assuming similar metallicity for both stars), and the surface gravity of the secondary star, we used bisection to obtain a PPD of secondary stellar effective temperature for each target. To estimate the systematic error in these values of $T_{\text{eff,2}}$, we compared the integrated surface brightness computed with the models of Husser et al. with a variety of stellar atmosphere models obtained from the Spanish Virtual Observatory Theoretical Model Service. This comparison was done for models with $T_{\text{eff}} = 3000 \,\text{K}$, $\log g = 5.0$, and [Fe/H] = 0.0. The integrated surface brightness in the CHEOPS passband varies from 0.92 per cent to 1.18 per cent relative to the surface brightness integrated over all wavelengths. In the TESS passband, the range is from 1.72 per cent to 2.12 per cent. This corresponds to a systematic error of about 50 K in our estimates of $T_{\text{eff.2}}$.

4 SIMULATIONS OF STARSPOT ACTIVITY AND DERIVED UNCERTAINTIES

For six of our targets, the *TESS* light curve shows clear pseudoperiodic variations in flux on a time-scale of a few days. This same effect can be seen as gradients with time in the *CHEOPS* data. This variation is similar to that reported elsewhere for eclipsing binaries (Sethi & Martin 2023) and is due to starspots. In the simplest scenario this involves the dipping of the level of flux as a starspot travels

from one side of the stellar disc to the other, resulting in a curved dip of light due to the change in the area projected on the disc by the spot and the effect of stellar limb-darkening. The presence of multiple evenly spaced spots on a rotating star could thus create what appears to be a periodic sinusoidal signal. In reality, a combination of starspots of differing sizes, positions, and even varying period makes the signal more complicated than an actual sinusoid. As the effect of starspots on transit observations can result in both overpredicted and underpredicted stellar radii and we are exploring the radius inflation problem, we decided to build a series of functions in PYTHON to quantify the effect of stellar activity for each of our objects as an uncertainty, to be added to our final radius results.

4.1 Fitting the starspot signal

We first sought to measure the observed stellar activity for each of our targets. With *TESS* light curves we had sources of long continuous light curves for nearly all targets. In order to obtain the stellar rotation periods from the light curves, we used the STARSPOT package. ¹⁰STARSPOT is a PYTHON module designed to obtain the stellar rotation period using autocorrelation functions, Lomb–Scargle periodograms and phase dispersion minimizations. We masked out the transit and secondary eclipses of the light curve so it was purely fitting the activity signal. An example of the flux signal and its analysis by STARSPOT is shown in Fig. 2 for EBLM J0239–20. In general, we found that only the Lomb–Scargle periodogram obtained a definitive and clear period for the variation signal. Therefore, it was used as the method to obtain our variation periods.

In order to characterize the stellar signals, we decided to fit them with a sinusoidal function with one harmonic:

$$F(t) = C + a_1 \sin(2\pi t/P_{\text{rot}} + \phi_1) + a_2 \sin(4\pi t/P_{\text{rot}} + \phi_2), \tag{2}$$

where a_1 and a_2 are the amplitudes of the stellar activity signal, ϕ_1 and ϕ_2 are phase constants, C is a constant, t is time, and $P_{\rm rot}$ is the period of the stellar activity signal. With the period of the stellar activity signal fixed at the value obtained from the STARSPOT analysis, we fit the function using the curve_fit function of SCIPY. We split the light curve into slices 5000 data points wide, covering around a sixth of a typical TESS sector observation. We then created a new 5000 point wide slice for every 2500 points, giving us around 11–13 overlapping slices for each TESS sector observation. We then found the amplitude of the variation for each slice and obtained the mean amplitude, using the standard deviation as the range of stellar activity variation shown by the target star.

4.2 Simulating spot patterns

To quantify the effect of starspots on fitted orbital parameters, we simulated starspot perturbed light curves for each EBLM system and then performed the same fit as we would upon our observed light curves. Any changes in the observed orbital parameters would thus be caused by the introduced stellar activity signal. To do this, we used the PYTHON module ELLC (Maxted 2016), as it has the ability to include starspots in its light-curve model. ELLC uses integrals from Eker (1994a,b), expressing how circular spots affect the light curve of a spherical star with quadratic limb-darkening to calculate spot-induced flux variation for its model light curve. The effect of spot crossings during eclipse is also accounted for in the model. How these effects are applied can be found in section 2.10 of

⁹http://svo2.cab.inta-csic.es/theory/main/

¹⁰https://github.com/RuthAngus/starspot

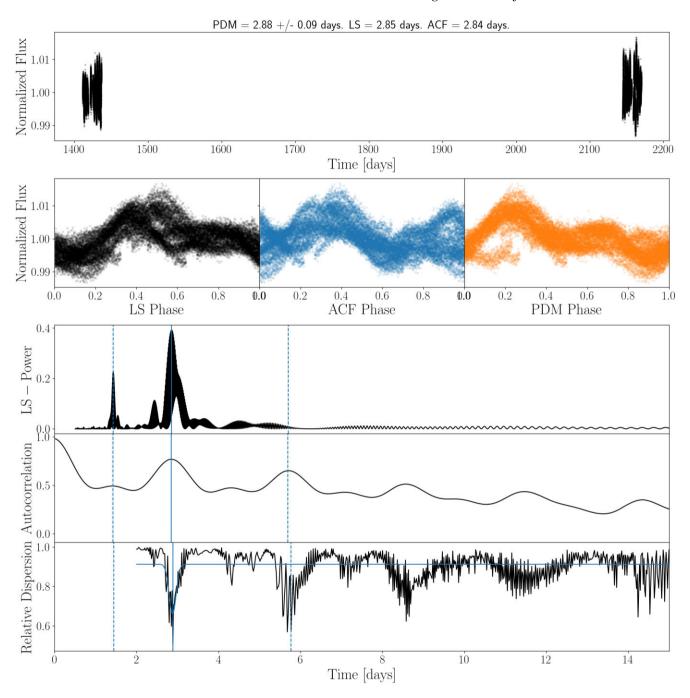


Figure 2. A set of output plots generated by the module STARSPOT when analysing the masked flux signal of EBLM J0239–20. The top plot displays the input flux signal. The second shows the flux signal phase folded by the fitted variation period for each method (Lomb–Scargle, autocorrelation functions, and phase dispersion minimization). The third, fourth, and fifth plots are the plotted results of each method showing the period versus the signal detection likelihood. In this example, the Lomb–Scargle periodogram finds a variation signal with a period of 2.85 days, the autocorrelation function finds a variation signal with a period of 2.84 days, and the phase dispersion minimization fits a period of 2.88 days.

Maxted (2016). However, as ELLC introduces spots via user-selected longitude, latitude, size, and brightness factor (the brightness of the spot relative to the local photosphere), there is no direct way to gain an activity signal of the desired amplitude. Therefore, we needed to generate spot patterns capable of causing the observed amplitude of a target's activity. We decided to do so using the Sun as a basis in constructing realistic spot patterns. The Sun is easily the most observed and documented example of spot activity in stars, and

other stars have been reported as following the same spot patterns as the Sun but with varying activity levels (e.g. HAT-P-11: Morris et al. 2017). As our targets cover a range from F9–K2 stars, we approximate them to have similar spot pattern behaviour to the Sun.

During its most active phases, the Sun can have a few hundred spots present on its surface at a single time (Clette et al. 2015). Giles, Collier Cameron & Haywood (2017) note that the modulation of solar photometric variability is dominated by the largest individual active

regions. We therefore looked at the number of spot groups instead, making the simplification that the activity caused by a large number of spots in a single group was equal to that caused by a single spot of greater size, and that these large 'spots' dominate our observed stellar activity signals. This greatly reduces the time required to compute the synthetic light curves. We thus looked at the group number statistics provided by the Sunspot Index and Long-term Solar Observations (SILSO) world data centre. 11 Using their archives of daily sunspot group numbers (Hoyt & Schatten 1998a,b; Vaquero et al. 2016), we looked for the number of spot groups present at times of maximum solar activity. The highest numbers are found to be from 10-16 spot groups, so we used this as our distribution of spot group numbers. We use the Sun at maximum solar activity as a proxy for the typical variability due to spots seen in our targets, as the variation in total solar irradiance due to rotation near solar maximum is about 0.1-1 per cent (Aigrain, Favata & Gilmore 2004), which is comparable with the range of amplitudes due to spots and rotation that we can measure in TESS light curves.

To work out an appropriate area for our group-representing spot, we turned to the work of Baumann & Solanki (2005). They find that the group area is well described by a variety of fitted lognormal distributions, with $\langle A \rangle$ being the mean area and σ_A being the width of the lognormal distribution. When testing the function, we took as values for mean area and distribution width values of 62.2 and 2.45 micro solar hemispheres, respectively, from the 'Total Area' dataset in table 1 of Baumann & Solanki (2005). Thus we generated spot group areas from this lognormal distribution for however many 'spots' we needed. We have targets with a greater activity level than the Sun, so we introduced a factor A_{fac} to increase the chosen spot areas depending on the observed amplitude of the spot signal. This factor is generated before the spot pattern itself based on the input activity amplitude and uses the bisection method to narrow in roughly on an appropriate A_{fac} , with the decision on which bisected segment to take depending on the activity amplitude generated.

To generate astrophysically sensible spot positions, we used the work of Hathaway (2015). Hathaway (2015) defines two equations describing spot position: first, the active spot latitude,

$$\overline{\lambda}(t) = 28^{\circ} \exp[-(t - t_0)/90],$$
 (3)

where $\overline{\lambda}$ is the active latitude, t_0 is the starting time of the solar cycle, and t is the current time in the cycle, with both times in months. The second equation describes the latitudinal width of the sunspot zones, finding a relation for the RMS of the width of their sunspot zones of form

$$\sigma_{\lambda}(A) = 1.5^{\circ} + 3.8^{\circ}(1 - \exp[-A/400]),$$
 (4)

where $\sigma_{\lambda}(A)$ is the RMS width of the sunspot zone and A is the total sunspot area in micro hemispheres. As we are taking our standard quantities in area to be at times of maximum activity, we also applied this to the spot latitude. We used fig. 43 of Hathaway (2015) to approximate the time of maximum activity in the solar cycle as 50 months. Thus, in deciding the active latitude in equation (3) we set t to be 50 months. We rejected any spot patterns that included any overlapping spots from our simulations.

Through A_{fac} , our spots would be generated around the right range, but with our random distributions we made sure that our sample would avoid bias. Due to this, we still generate patterns that result in stellar variability completely different from our observed signal. These are discounted by fitting the generated light curve for

equation (2) and only recording the pattern of those with amplitudes within the standard deviation range of our observed amplitudes. We run the routine until the required number of acceptable patterns is generated. We found that this gave an almost uniform distribution of amplitude a_1 and an amplitude B tending slightly towards lower values. Therefore we concluded that we were sufficiently unbiased for our simplified method.

With our routine we generate 500 unmasked light curves, which gives a good balance between computation time and sample size. We then fit these light curves with PYCHEOPS using the least-squares fit that we use to fit TESS light curves initially. Using how they differ from the input, we can quantify the impact of stellar activity and its removal on our retrieval of the system's characteristics. We applied our routine to all our targets with TESS light curves. For EBLM J1559–05, the only target without a TESS light curve, an analysis of its WASP light curve was performed using the method in Maxted et al. (2011) to obtain the amplitude and period of any variation present. An upper limit of 2 mmag was found for the system. However, as the period of the rotation signal is close to the orbital period, it is not clear if the signal truly is for rotation. As no consistent rotation period was found, we fit for a variation of period of 10.5 days but will not apply the derived corrections to our final results. For targets J0239-20, J1928-38, and J2040-41, we fixed orbital period P and orbital parameters f_c and f_s in the least-squares fits. This was due to the least-squares fitting having difficulty detecting the very small eclipse depths input, leading to very large uncertainties in $T_{\rm eff,\,2}$. The effect on radius predicted by our starspot-induced variation is shown in Table 3.

For systems with high flux variation there is a small change to the derived radius, introducing variations in secondary radius at the sub 1 per cent level. When there is less variation there is generally less of a change in radius. There are also small variations in effective temperature that seem roughly to increase with increased variation, again mostly at the sub 1 per cent level. This is the expected result and showed that our method can provide a reasonable estimate for the variation in radius and effective temperature caused by the effect of starspots. One exception is EBLM J1013+01, which has by far the greatest variation amplitude but the radius of which is not mischaracterized by a larger amount than the rest of our sample. One future area of interest would be to characterize EBLMs with similar flux variation to observe whether this error 'cut-off' is repeated. Targets EBLM J0955-39, EBLM J1741+31, and EBLM J2343+29 found no rotation signal and will also receive no starspot-derived corrections to radius and effective temperature. There are two targets with large uncertainties in effective temperature in the fit. EBLM J1934–42 has partial eclipses and so the effective temperature we derive is not reliable. For EBLM J0239-20, we propose that the large uncertainty in effective temperature is due to the combination of large variation amplitude and period, leading to further difficulty in detecting the very small eclipse depth. We use our starspot results to account for the uncertainty caused by the variation in stellar flux in both CHEOPS and TESS light curves. For targets with a detectable rotation signal, the uncertainties from our MCMC fits are combined in quadrature with the uncertainties predicted by our starspot simulations. This was done rather than a correction due to the uncertainties in derived values being larger than any potential applied correction. This would risk the potential undercorrection or overcorrection observed in previous literature and could be sensitive to varying flux variation amplitudes over large periods of time between TESS visits or sectors. Applying the correction as an additional uncertainty represents the extra uncertainty in derived properties without potentially applying bias to our results.

¹¹https://www.sidc.be/silso/

Table 3. The details and results of our starspot simulations. Var. Period is the period of observed variation in normalized flux, Var. Amplitude is the observed amplitude of the stellar variation in normalized flux for each of our targets. The originally input values of radius and effective temperature are listed alongside the resulting radius and effective temperature and the resultant change in radius and effective temperature induced by the spot patterns.

Target	Var. Period (days)	Var. Amplitude	$R_{2,\mathrm{input}}\left(\mathrm{R}_{\odot}\right)$	$R_{2,\mathrm{output}}\left(\mathrm{R}_{\odot}\right)$	$\Delta R\left(\%\right)$	$T_{\rm eff,2,input}\left({ m K} \right)$	$T_{\rm eff,2,output}\left({ m K} \right)$	$\Delta T_{\mathrm{eff,2}}\left(\mathrm{K}\right)$
J0057-19	4.94	0.0057 ± 0.0022	0.1668	0.1651 ± 0.0053	1.04	2958	2990 ± 57	32
J0113+31	18.11	0.0014 ± 0.0004	0.2152	0.2163 ± 0.0041	0.51	3258	3262 ± 24	4
J0123 + 38	5.74	0.0036 ± 0.0008	0.3424	0.3410 ± 0.0100	0.42	3404	3414 ± 87	10
J0239-20	2.85	0.0049 ± 0.0017	0.2022	0.2048 ± 0.0055	1.27	3027	3054 ± 266	27
J0540-17	6.50	0.0005 ± 0.0002	0.1917	0.1928 ± 0.0047	0.59	3220	3236 ± 26	16
J0546-18	3.32	0.0021 ± 0.0004	0.2194	0.2209 ± 0.0094	0.70	3412	3429 ± 40	17
J0719+25	5.24	0.0018 ± 0.0009	0.1847	0.1859 ± 0.0055	0.64	3212	3200 ± 73	-12
J0941 - 31	5.28	0.0013 ± 0.0006	0.2286	0.2286 ± 0.0060	0.02	3448	3434 ± 39	-14
J0955-39	27.79	Not fittable	_	_	_	_	_	_
J1013+01	3.3	0.029 ± 0.009	0.2100	0.2112 ± 0.0041	0.56	3043	3036 ± 33	-7
J1305-31	4.89	0.0010 ± 0.0003	0.2986	0.2993 ± 0.0068	0.23	3135	3131 ± 20	-4
J1522+42	7.58	0.0008 ± 0.0006	0.1888	0.1898 ± 0.0042	0.53	3073	3070 ± 21	-3
J1559-05	_	0.001	0.1977	0.1984 ± 0.0043	0.36	3139	3161 ± 33	22
J1741 + 31	7.64	Not fittable	_	_	_	_	_	_
J1928-38	13.25	0.0009 ± 0.0006	0.2672	0.2670 ± 0.0054	0.06	3153	3155 ± 21	2
J1934-42	4.21	0.0032 ± 0.0011	0.2244	0.2256 ± 0.0063	0.54	3014	3317 ± 770	303
J2040-41	14.20	0.0010 ± 0.0008	0.1766	0.1755 ± 0.0061	0.64	2910	2924 ± 19	14
J2046-40	14.66	0.0028 ± 0.0030	0.2196	0.2207 ± 0.0046	0.51	3163	3163 ± 38	0
J2046+06	10.94	0.0004 ± 0.0002	0.2034	0.2037 ± 0.0041	0.17	3124	3126 ± 24	2
J2134+19	18.05	0.0012 ± 0.0011	0.3691	0.3666 ± 0.0086	0.69	3496	3488 ± 30	-8
J2315+23	5.21	0.0012 ± 0.0002	0.2465	0.2481 ± 0.0067	0.65	3298	3297 ± 24	1
J2343+29	9.57	Not fittable	_	_	_	_	_	
J2359+44	4.37	0.0009 ± 0.0002	0.2942	0.2948 ± 0.0067	0.22	3462	3496 ± 93	34

5 THE RESULTS OF OUR PROGRAMME

5.1 Photometry results

We derived orbital properties using CHEOPS and TESS results, applying starspot corrections for radius and effective temperature values and combining the two results. For TESS light curves, the same priors as applied to the CHEOPS light curves were applied, with the exception that EBLM J0719+25 had no limb-darkening priors applied as they were not needed. The absolute parameters of our targets are shown below in Table 4. The primary stellar mass and radii were derived using the equations in Enoch et al. (2010) as described in Section 3. We use the secondary stellar masses from the CHEOPS fit, as our photometry-derived results will have little impact on them. Where we have fit light curves from both CHEOPS and TESS, we combine the secondary stellar radii, secondary stellar effective temperature, and both primary and secondary surface gravities. The fit parameters and other derived properties will be available online as supplementary material.

For the targets EBLM J1522+42 and EBLM J2046-40, we only obtained visits of the secondary eclipse with *CHEOPS*. Therefore, we set the orbital parameters D, W, and b to the values obtained from *TESS* light curves, set T_0 as well as P constant, and only derive the secondary eclipse depth L, f_c , and f_s from these visits. For EBLM J2134+19, where the two transit visits miss the ingress and egress of the occultation respectively, a Gaussian prior on the orbital period was applied based on data from *WASP* light curves. For the targets EBLM J2134+19 and EBLM J2343+29, the *TESS* light curves miss the primary eclipse. For these objects, similarly to our *CHEOPS* targets with only the secondary eclipse, we only fit for L, f_c , and f_s , fixing all other parameters at *CHEOPS* values, though for EBLM J2134+19 we also fit for W, as the eclipse was wider than fitted in *CHEOPS*. *TESS* light curves were not analysed for EBLM J1559-05, which has not been observed at the time of writing, and

for EBLM J1928–38, observations of which missed both primary and secondary eclipses. The fitted *CHEOPS* and *TESS* light curves for each target will be available online as supplementary material.

For the majority of our targets, the TESS results agree with the CHEOPS results within the bounds of their uncertainty. We illustrate this by showing the difference in radius ratio between the CHEOPS and TESS results in Fig. 3. The observed differences remain negligible, with increased uncertainty for our more grazing systems at higher impact parameters. There are one or two outliers, which are more than one or two standard deviations away. However, this is acceptable given 2σ confidence levels for a sample of our size (i.e., in a sample of 20, around 1 should fall outside 95 per cent confidence). We expect these differences to be some form of 'analysis noise', where differences in data reduction such as contamination corrections or background subtraction cause systematic errors. The difference in fractional primary radius (R_1/a) is consistent between instruments. This consistency between wavelength regimes is a good check of the accuracy of our results and shows that, in the case of bad SNR for any TESS light curves, CHEOPS light curves can provide data of the required precision.

5.2 Comparison with previous studies

As well as comparing with our *TESS* analyses, we can compare our results with previous studies. Comparing with the results we presented in EBLM VIII (Swayne et al. 2021), we can observe a small difference in final results and uncertainty. Given the similarity in radius ratio, we believe the differences in final radius and effective temperature to be due to the different primary stellar parameters chosen. This emphasizes the importance of choosing accurate primary stellar parameters and accounting for differences in method when performing comparison studies. Even small changes in these quantities can result in derived results differing by a few per cent, a similar effect to that seen from stellar activity. For the particular

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Table 4. The absolute stellar parameters derived from our light-curve fits for all EBLM targets.

Target	M_1 $[{ m M}_{\odot}]$	R_1 [R_{\odot}]	M_2 $[{ m M}_{\odot}]$	R_2 [R_{\odot}]	$\log g_1$ [cgs]	$\log g_2$ [cgs]	T _{eff, 2} [K]
J0057-19	1.004 ± 0.063	1.234 ± 0.037	0.1290 ± 0.0052	0.1705 ± 0.0033	4.254 ± 0.011	5.087 ± 0.012	2822 ± 83
J0113+31	1.033 ± 0.057	1.432 ± 0.027	0.1974 ± 0.0068	0.2193 ± 0.0033	4.138 ± 0.007	5.055 ± 0.009	3243 ± 37
J0123+38	1.156 ± 0.065	2.018 ± 0.055	0.338 ± 0.012	0.3531 ± 0.0060	3.885 ± 0.012	4.874 ± 0.011	3479 ± 60
J0239 - 20	1.037 ± 0.061	1.587 ± 0.040	0.1598 ± 0.0059	0.2043 ± 0.0033	4.056 ± 0.008	5.023 ± 0.006	3020 ± 42
J0540-17	1.120 ± 0.062	1.636 ± 0.040	0.1633 ± 0.0058	0.1949 ± 0.0032	4.051 ± 0.012	5.071 ± 0.010	3180 ± 55
J0546-18	1.051 ± 0.059	1.509 ± 0.064	0.2129 ± 0.0075	0.2349 ± 0.0061	4.085 ± 0.016	5.022 ± 0.020	3364 ± 57
J0719+25	1.078 ± 0.059	1.305 ± 0.038	0.1584 ± 0.0055	0.1917 ± 0.0029	4.228 ± 0.011	5.072 ± 0.009	3109 ± 59
J0941 - 31	1.181 ± 0.067	1.745 ± 0.046	0.2173 ± 0.0078	0.2365 ± 0.0036	4.016 ± 0.010	5.025 ± 0.008	3433 ± 47
J0955-39	1.189 ± 0.068	1.096 ± 0.027	0.2211 ± 0.0080	0.2327 ± 0.0030	4.439 ± 0.010	5.049 ± 0.009	3300 ± 52
J1013+01	0.982 ± 0.056	1.007 ± 0.020	0.1706 ± 0.0062	0.2064 ± 0.0030	4.429 ± 0.007	5.047 ± 0.006	3028 ± 38
J1305-31	1.063 ± 0.059	1.493 ± 0.034	0.2820 ± 0.0095	0.2982 ± 0.0042	4.133 ± 0.010	4.940 ± 0.008	3156 ± 46
J1522+42	1.000 ± 0.055	1.364 ± 0.030	0.1656 ± 0.0063	0.1915 ± 0.0043	4.168 ± 0.014	5.093 ± 0.013	3065 ± 49
J1559-05	1.127 ± 0.065	1.709 ± 0.037	0.1568 ± 0.0058	0.2011 ± 0.0058	4.024 ± 0.012	5.025 ± 0.019	3139 ± 71
J1741+31	1.190 ± 0.066	1.187 ± 0.023	0.461 ± 0.015	0.377 ± 0.018	4.365 ± 0.007	4.948 ± 0.042	_
J1928-38	0.994 ± 0.055	1.384 ± 0.028	0.2703 ± 0.0091	0.2692 ± 0.0057	4.153 ± 0.012	5.010 ± 0.009	3153 ± 62
J1934-42	1.132 ± 0.070	1.028 ± 0.028	0.1960 ± 0.0076	0.2241 ± 0.0067	4.476 ± 0.012	5.036 ± 0.020	2982 ± 60
J2040-41	0.997 ± 0.055	1.352 ± 0.047	0.1524 ± 0.0053	0.1802 ± 0.0032	4.170 ± 0.013	5.109 ± 0.012	2961 ± 67
J2046-40	1.058 ± 0.059	1.244 ± 0.025	0.1917 ± 0.0067	0.2212 ± 0.0046	4.273 ± 0.011	5.032 ± 0.008	3145 ± 41
J2046+06	1.126 ± 0.062	1.608 ± 0.032	0.1769 ± 0.0062	0.2055 ± 0.0025	4.071 ± 0.008	5.060 ± 0.006	3124 ± 32
J2134+19	0.889 ± 0.049	1.831 ± 0.043	0.359 ± 0.019	0.3706 ± 0.0088	3.860 ± 0.016	4.854 ± 0.019	3532 ± 43
J2315+23	1.069 ± 0.059	1.534 ± 0.041	0.2309 ± 0.0099	0.2521 ± 0.0034	4.108 ± 0.009	4.999 ± 0.009	3235 ± 51
J2343+29	1.192 ± 0.071	0.914 ± 0.017	0.1202 ± 0.0046	0.1464 ± 0.0031	4.596 ± 0.011	5.191 ± 0.008	2699 ± 59
J2359+44	1.253 ± 0.070	1.711 ± 0.033	0.293 ± 0.010	0.2978 ± 0.0036	4.066 ± 0.006	4.958 ± 0.005	3484 ± 45

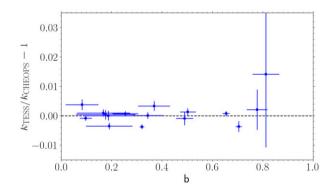


Figure 3. CHEOPS impact parameter versus the difference in observed radius ratio between our CHEOPS and TESS analyses.

target of J0113+31, we can compare our work with the results of recent studies. Our analysis of the TESS light curve shown in Swayne et al. (2020) shows results very similar in values of R_2/a , with a difference of ~ 50 K in effective temperature, with the two derived results showing overlapping uncertainty ranges. Another analysis of the target by Maxted et al. (2021) derives a M-dwarf stellar radius almost identical to that in our analysis, but a hotter effective temperature with a difference of ~ 120 K. Our proposed cause for this difference in effective temperature, which is not seen in stellar radius, is the different primary effective temperatures used by the different analyses. With the primary effective temperature used by Maxted et al. (2021) being ~ 100 K hotter than ours, this would result in a greater surface brightness being derived for the primary star and thus a greater surface brightness being derived for the secondary star from the surface brightness ratio. This would again emphasize the importance of accurate primary stellar parameters in photometric analyses. Improvements in precision of these parameters will likewise see improvements in the precision of the secondary.

Our final derived mass, radius, and effective temperature values are shown in Figs 4 and 5. They greatly increase the number of M-dwarfs in the low-mass end of the HR diagram with both precise radii and effective temperature measurements and known metallicity. Our sample spans both targets in line with the theoretical M-R and $M-T_{\rm eff}$ relations and those that seem inflated and cooler than we would expect. This allows a thorough examination for potential causes of radius inflation. We are also pleased to note that the precision of our derived values is in line with or improves upon the precision of previous observations in our chosen mass range.

6 DISCUSSION

This study assumes a uniform age for all targets. We make the same assumption as von Boetticher et al. (2019) that the evolution of stellar radii is negligible between 1 and 10 Gyr; however, in further studies accounting for age would completely eliminate this as a potential factor in inflation.

6.1 Examining potential trends with metallicity

Metallicity was a major interest going into this project. We sought to test the hypothesis that it is a potential cause of radius inflation, using our precise radii and metallicity calculated for us by the *CHEOPS* TS3 team. By comparing our derived radii with radii generated by theoretical structural models at the target's mass, we could derive their radius inflation and search for a trend with metallicity.

We used the MIST stellar structure models (Dotter 2016), which can generate isochrones for metallicities up to 0.5 dex. We download isochrones for metallicities of -0.75 to 0.5 dex (in steps of 0.25 dex) to cover the metallicity range of our targets. From these we could draw theoretical mass-radius and mass-effective temperature relations for six metallicities and interpolate between them for the specific metallicity of the target. Using this, we obtain the theoretical

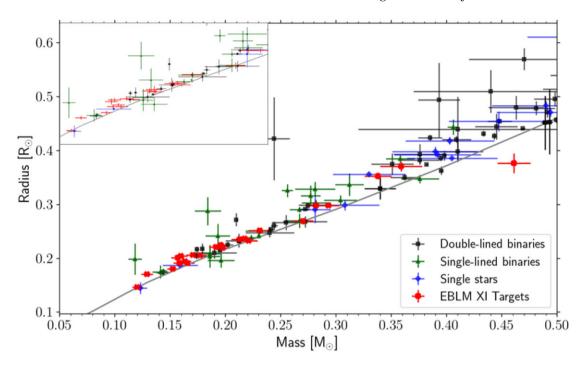


Figure 4. A cutout of the stellar mass versus stellar radius diagram using results from Nefs et al. (2013); Gillen et al. (2017); Parsons et al. (2018); Duck et al. (2023); Jennings et al. (2023); Martin et al. (2023), with our results highlighted in red. The type of system is displayed by different colours. The theoretical relation from Baraffe et al. (2015) for an age of 1 Gyr is plotted in grey.

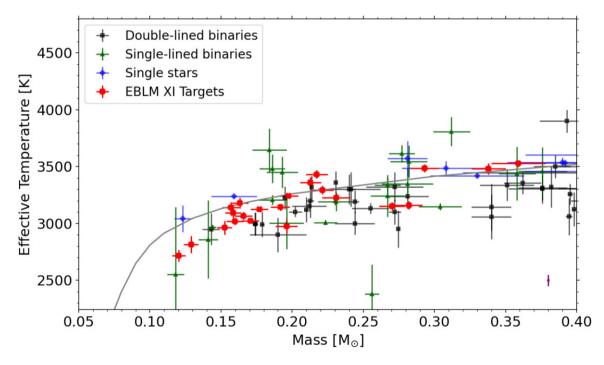


Figure 5. A cutout of the stellar mass versus effective temperature diagram using results from Nefs et al. (2013); Gillen et al. (2017); Parsons et al. (2018); Duck et al. (2023); Jennings et al. (2023); Martin et al. (2023), with our results highlighted in red. The type of system is displayed by different colours. The theoretical relation from Baraffe et al. (2015) for an age of 1 Gyr is plotted in grey. The systematic error of 50 K that is added to our final results has been displayed in the bottom right of the figure in purple.

radius for a given mass at the target's metallicity and derive a value for the percentage radius inflation.

We display the metallicity versus inflation relation for single M-dwarf systems from Parsons et al. (2018) alongside our own targets in Fig. 6. Theoretical radii for each single M-dwarf were determined by

interpolating in mass and metallicity using the same methods as for our own targets. To explore any potential trend in the collected data, we performed a weighted linear fit. A straight-line polynomial was fitted using the uncertainty in inflation and the scatter of the points around the straight-line fit as weights. We then adjusted the value for

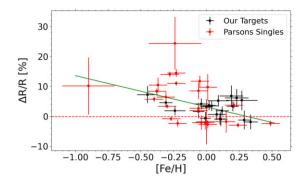


Figure 6. The percentage radius inflation (i.e. the percentage change of our observationally derived radii from the theoretical stellar radii), versus the target's metallicity for all our targets and the single-object systems in Parsons et al. (2018). A weighted linear fit of the data is plotted over the data in green.

the point scatter until our fit produced a reduced chi-squared value of 1. This resulted in the linear fit shown in Fig. 6. This fit line has a gradient of -0.089 ± 0.029 , i.e. > 3 standard deviations difference from a zero slope, indicating a potentially significant trend between metallicity and inflation. However, we note that the majority of results are clustered around solar metallicity and that taking each sample in isolation results in different fit line gradients. Supporting this point are the results of EBLM V (von Boetticher et al. 2019), who observe a fit of the opposite trend to our own in their fig. 6, though similarly they have most results clustered around solar metallicity. Taken in isolation, the results of different studies would find entirely different relations between radius inflation and metallicity, with a negative correlation in Feiden & Chaboyer (2013a), a positive correlation in von Boetticher et al. (2019), and no correlation initially in Parsons et al. (2018). With our own results in Fig. 6, this leaves us unable to rule out that differences between study methodologies could be behind such different results. To explore fully whether a linear trend truly exists, there needs to be further observations of M-dwarfs in the low and high metallicity regimes, where there are currently very few targets. This must be done with consistency in analysis methodology and measurement of metallicity to eliminate all possible systematic differences, preferably with a re-examination of existing studies.

As increases in radius are theorized to come with a decrease in effective temperature (resulting in a stable luminosity), we also sought to quantify the difference between observed and theoretical effective temperature, which we shall refer to now on as the effective temperature anomaly ($\Delta T_{\rm eff}$). This was done with the same method as for radius: using MIST stellar structure models to generate masseffective temperature relations. We then interpolate through a target's mass and metallicity, before calculating the difference from our observed values. We display the effective temperature anomaly for each target along with the anomalies calculated for the single target M-dwarfs from Parsons et al. (2018) in Fig. 7. We perform a linear fit of the data using orthogonal distance regression. This fit line has a gradient of 0.120 ± 0.020 and is displayed in Fig. 7. For effective temperature we see a clearer trend (six standard deviations difference from a zero slope) between metallicity and effective temperature anomaly then we do for radius inflation. This trend is also present in the sample of single M-dwarf targets from Parsons et al. (2018), with the exception of a couple of outliers. These results would suggest a strong correlation between effective temperature anomaly and metallicity. With the less clear trend between radius inflation and metallicity, this would also call into question the suggestion that luminosities are being measured accurately.

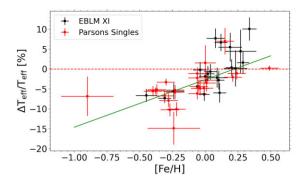


Figure 7. The percentage effective temperature anomaly versus the target's metallicity for all our targets and the single-object systems in Parsons et al. (2018). A linear fit of the data is plotted over the data in green.

We use MIST due to its parameter range being compatible with our own. Other stellar models either did not cover supersolar metallicities or did not fully cover the mass range of our targets. However, we note that the accuracy of MIST models has been called into question at low masses. Mann et al. (2019) find that MIST-generated K-band magnitudes have a high sensitivity to metallicity that was not found in their observational mass-magnitude relation. To test potential systematics caused by our choice of isochrone, we recalculated our inflation results using the Dartmouth Stellar Evolution Program stellar isochrones (DSEP; Dotter et al. 2008). DSEP is used as it has a compatible metallicity range with our targets as well as being covered in Mann et al. (2019). Two targets were discounted due to the publicly available isochrones we obtained not covering a low enough mass range. With DSEP we derived theoretical radii and effective temperature through the same interpolation methods as we performed with MIST and compared these with our observed values. In general, theoretical radii were increased at subsolar metallicity and decreased at supersolar in comparison with MIST values, as expected given the increased metallicity dependence of MIST compared with DSEP. This resulted in lower radius inflation values for subsolar metallicity targets, higher inflation for supersolar metallicities and little difference for solar metallicities. Overall, radius inflation using DSEP would result in closer agreement with our observed radii at subsolar metallicity but less agreement at supersolar metallicity. For our effective temperature results, we saw lower theoretical effective temperatures at subsolar metallicity and higher temperatures at solar to supersolar metallicity. This would result in smaller subsolar effective temperature anomalies than when using MIST isochrones. However, at solar metallicities all our temperature anomalies increase. Indeed, at metallicities solar and above, nearly all observed effective temperatures were cooler than the DSEP theoretical temperatures. Thus, using our sample we do not observe a greater agreement with our observations using DSEP isochrones compared with MIST. Our radius inflation results would suggest favouring MIST at higher metallicities, while favouring DSEP at lower metallicities. Results for the effective temperature anomaly see our observed correlation with metallicity eliminated when using DSEP, but also see almost all our targets' effective temperatures overpredicted in comparison with observations. A thorough examination of these competing structure models in the context of radius inflation is not in the scope of this work, but would be a valuable path to take for future studies.

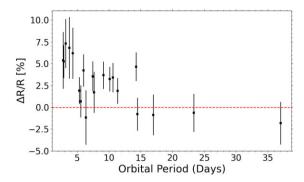


Figure 8. The orbital period of a target versus the percentage radius inflation (i.e. the percentage change of our observationally derived stellar radii from the theoretical stellar radii).

6.2 Trends with orbital period

Another (much debated) potential source of radius inflation is tidal effects caused by the presence of the M-dwarf in a binary (or multiple) star system. The closer the orbiting M-dwarf is to its companion star, the stronger tidal forces acting upon it could cause the star to spin up. The resultant increased magnetic activity could then inhibit its convection. This could then cause the M-dwarf to expand, appearing to be at a greater size than our models suggest. This theory has seen some works support it (Ribas 2006) and others display its shortcomings in explaining all observed inflation (Spada et al. 2013). An effect caused by being in a binary system would be a significant issue, with eclipsing binaries being one of the best means of calibrating fundamental parameters of M-dwarfs. This trend would therefore result in binaries not being applicable to calibrating singletarget M-dwarfs. As such, we were keen to observe what our sample of 23 stars appeared to show, with the precision of CHEOPS ensuring that we would characterize any inflation trend with orbital period accurately.

Our targets, shown in Fig. 8, seem to suggest a trend in orbital period, with the most inflated stars occurring at close-in orbital configurations and a lack of non-inflated values for our targets with periods lower than 5 days. This would indicate some role for tidal forces in causing radius inflation, suggesting that theoretical models need to account for these forces in the case of low-mass stars in eclipsing binaries. However, this is by no means a conclusive trend. Our sample, although over a good range of orbital periods and separations, is relatively sparse at periods over 20 days. Thus, we cannot conclude that our results alone definitively show a reduction in inflation with increasing orbital separation. We also show orbital period against the effective temperature anomaly in Fig. 9. The observed trend in radius inflation at low orbital separations is not reproduced in effective temperature, with there being no discernible effect on the effective temperature anomaly. This would suggest that observed radius inflation effects could be due to being in binary systems, but the 'complementary' reduction in effective temperature is due to systematic errors in flux calculation in theoretical models.

The effect of rotation caused by tidal locking at close orbital periods on the radii of low-mass stars has been examined previously and could be a potential reason for our inflation. This would mirror the results of Kraus et al. (2011), which show inflation by the influence of a close companion. Although this is contrasted by Parsons et al. (2018), who find no such link with rotation, they do also find that longer-period systems appear more consistent with theoretical relations. However, the differences between the studies leave us unable to draw perfect comparisons. Kraus et al. (2011)

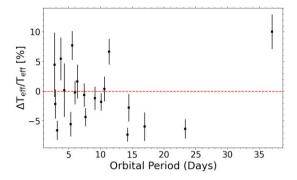


Figure 9. The orbital period of a target versus the percentage effective temperature anomaly (i.e. the percentage change of our observationally derived stellar effective temperature from the theoretical effective temperature).

look at a mass range completely different from our own, with our results focusing on very low-mass stars below the fully convective boundary (0.35 $\ensuremath{M_{\odot}}$). Nearly all of the binary targets in Parsons et al. (2018) do not have metallicities, meaning we cannot account for the effects observed in the previous section in our theoretical stellar radii and effective temperature. Though it is possible the previous results between orbital period and inflation in the literature are due to systematic errors in metallicity, we cannot rule out an actual physical effect. Therefore, deriving accurate metallicity for eclipsing binary systems is of utmost importance for existing and future observations. von Boetticher et al. (2019) have derived metallicities for their targets and found no significant trend between orbital period and radius inflation, which contrasts our results. We note that for supersolar metallicities they found it necessary to extrapolate for theoretical radii due to the lack of supersolar isochrones available in their Exeter/Lyon model grid.

6.3 Testing the constant luminosity hypothesis

It has been theorized that, due to a correlation between radius inflation and effective temperature anomalies, luminosities predicted by models for low-mass stars are accurate (Delfosse et al. 2000; Torres & Ribas 2002; Ribas 2006; Torres et al. 2006; Torres 2007). This coupling of inflated radius with cooler effective temperature and vice versa has been termed the 'constant luminosity hypothesis' (Jennings et al. 2023). More recent measurements and derived relations suggest that radius-temperature balance is only accurate to a few per cent (Mann et al. 2019). As our results observe a potential decoupling between radius inflation and effective temperature anomaly, we sought to test the hypothesis. We plot the percentage radius inflation versus the percentage effective temperature anomaly in Fig. 10. The constant luminosity hypothesis would result in a linear trend of gradient -0.5; this is shown by the black dashed line. Our results do not hold to this trend, with any attempted linear fitting of our results finding nothing statistically significant.

6.4 Irradiation

Irradiation of an M-dwarf by its primary star may play a role in radius inflation for some of the EBLM systems with the shortest orbital periods. A useful quantity to consider in this context is $F_{\text{irr}} = (R_2/2a)^2 L_1/L_2$, which is the flux from the primary star intercepted by the M-dwarf relative to its intrinsic luminosity, assuming a circular orbit. This quantity is $\lesssim 2$ per cent for most of the stars in this sample, but 6–10 per cent for three of the EBLM systems with P < 5 days.

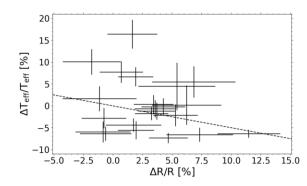


Figure 10. The percentage radius inflation versus the percentage effective temperature anomaly. The hypothesis that these combine to leave luminosity unaffected is represented by the black dashed line.

7 CONCLUSIONS

In EBLM XI we set out to populate the low-mass end of the stellar HR diagram better and provide a resource to explore the effect of radius inflation for low-mass stars. In this respect its basic goal has been achieved, generating a sample of precise mass, radius, and effective temperature measurements. This wellcharacterized sample will act as a useful resource for further research on radius inflation, EBLMs, and low-mass stars in general. Our programme has also demonstrated the benefits of our methods of observation. High-quality photometric light curves, combined with precise radial velocity data, allow the accurate characterization of M-dwarf stars and an exploration of their properties. With the benefits of observing EBLMs, including using the reliable metallicity of the larger primary, we can derive precise effective temperatures and explore metallicity-dependent trends. Going forward, our methodologies can be applied to further photometric observations of EBLMs, increasing the population of well-characterized low-mass

In this work we have reported potential significant trends in radius inflation and effective temperature anomaly. When stellar metallicity is considered in calculating theoretical stellar radii, any trend between metallicity and radius inflation lessens while still being apparent (Fig. 6). This contrasts with the clearer trend between metallicity and the effective temperature anomaly (Fig. 7), though further research must be done on the role of stellar isochrones before we conclude that this effect is definitive. M-dwarfs in EBLM systems with orbital periods < 5 days are clearly inflated compared with M-dwarfs in longer-period systems (Fig. 8). For the stellar models we have used, the radius inflation is about 6 per cent, compared with about 3 per cent or less for longer-period EBLM systems. This suggests that M-dwarfs in EBLM binaries with orbital periods <5 days may not be suitable for testing single-star models or calibrating empirical relations to characterize planet host stars. There is no corresponding decrease in the effective temperature for orbital periods < 5 days, as might be expected if radius inflation does not impact the massluminosity relation for M-dwarfs (Fig. 9). This suggests that radius inflation and effective temperature anomalies are separate phenomena. Observations of systems with orbital periods $\gtrsim 15$ days would be helpful to explore whether the fall-off in inflation towards higher separations seen in Fig. 8 is a real effect. Low- and high-metallicity targets must be observed to fill out the wings of the metallicityinflation relation. Furthermore, a re-examination of previous results with differing conclusions (e.g. von Boetticher et al. 2019) with our methodology would be worthwhile, ruling out differences in methods or models used for the conflicting results.

We attempted to generate empirical relations between Gaia magnitude $M_{\rm G}$ and our results for mass, radius, and effective temperature. A tight fit to magnitude could not be achieved with a number of seemingly anomalous values. This could potentially be due to jitter in the orbital parallaxes used in our calculations or a metallicity dependence at this wavelength. For this reason, secondary eclipse measurements in the J, H, or K bands would be desirable, as relationships between magnitude and absolute parameters have been found to have less scatter with metallicity (Delfosse et al. 2000; Mann et al. 2015). Our results could be used in the generation of empirical relations for mass, radius, and effective temperature with these eclipse depth measurements, or once improved parallaxes from Gaia DR4 are available. These empirical relations would then be a valuable resource for observers of low-mass stars and the exoplanets orbiting them. In this way our work can not only provide further direction to the radius inflation problem but also help guide future scientists in observing and working with low-mass stars. With upcoming projects such as ESA's PLATO satellite (Magrin et al. 2018), the techniques in this work can be used as newer and more precise instruments are focused upon EBLMs. Low-mass stars will continue to be of great interest in the coming decade, and in this work we contribute towards making them a more reliable target and highlighting paths of interest for future research.

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DATA AVAILABILITY

The CHEOPS data underlying this article are available in its online supplementary material and are publicly available via the Data Analysis Center for Exoplanets web platform, as well as from the VizieR data base of astronomical catalogues at the Centre de Données astronomiques de Strasbourg. The raw and detrended photometric time-series data are available in electronic form at the CDS via anonymous ftp to cdsarc.u-strasbg.fr (130.79.128.5) or via http://cdsweb.u-strasbg.fr/cgi-bin/qcat?J/MNRAS/

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SOPHIE high-resolution spectra are available through the data archives of the Observatoire de Haute-Provence via http://atlas.obshp.fr/. Programme IDs were 18B.PNP.SAN1 and 19A.PNP.SANT.

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SUPPORTING INFORMATION

Supplementary data are available at MNRAS online.

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